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FP-11-10 Fatherhood in the U.S.: Number of Children, 1987-2010

Bart Stykes
Bowling Green State University - Main Campus

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Over the last two decades, men have delayed age at first birth by approximately two years (FP-11-04). Additionally, there are significant differences in men’s age at first birth by race and education (FP-11-04). This profile focuses on men’s number of children using nationally representative survey data to examine if men are also reducing their completed fertility and if there are any differences in completed fertility across race and educational attainment. The sample is limited to men and women ages 40-45 to capture their experiences near the end of their fertility careers.

- Over the past 20 years, there has been a modest decline in the average number of children born to men. In 2006/2010, men reported having 1.8 children and women 2.1 children. Men and women are having 0.3 fewer children now, on average, than they were two decades ago.
- The gender gap remains quite small; the difference in men’s and women’s reports never exceeds 0.3 children.
- In addition, men are more likely to remain childless today than they were 20 years ago. In 1987/1988, 15% of men were childless compared to approximately one in five (21.2%) men being childless in 2006/2010.

Figure 1. Mean Number of Children for Men and Women in the U.S. (aged 40-45), 1987-2010

Race and Ethnicity and Number of Children
• Black and Hispanic men report having more children, on average, than non-Black and non-Hispanic men, respectively.
• White men report significantly fewer children, on average, than non-White men.
• Approximately 25% of White men remain childless compared to 19% of Black and 13% of Hispanic men remaining childless.
• Approximately 45% of Hispanic and 40% of Black men have three or more children, whereas only 20% of White men report having three or more children.

Figure 2. Men’s Number of Children According to Race and Ethnicity (2006/2010)

Source: NSFG Male Respondent Data 2006/2010 (significance test at p<0.05, one tailed t-test).

Education and Number of Children
• On average, men who fail to earn a high school diploma or GED report higher completed fertility than those earning at least a high school diploma or GED.
  ○ Forty-eight percent of these least educated men report three or more children compared to 26% of high school graduates and approximately 22% of men with at least some college experience.
  ○ There is little variation by educational attainment in the proportion of men who do not have any children.