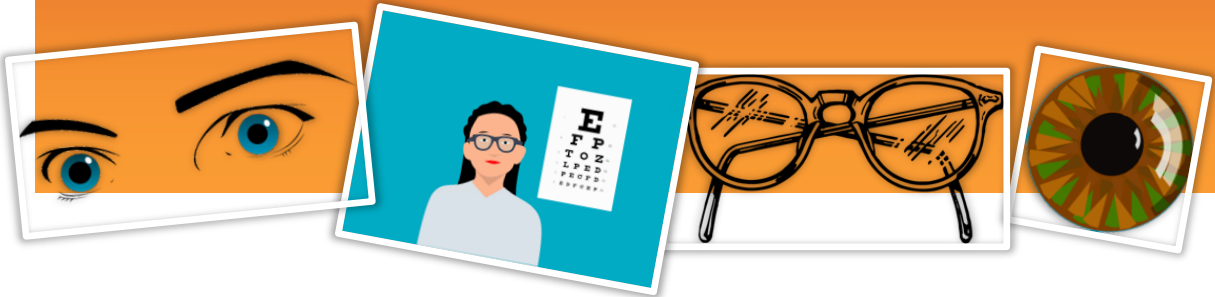


# DON'T FORGET YOUR EYES!

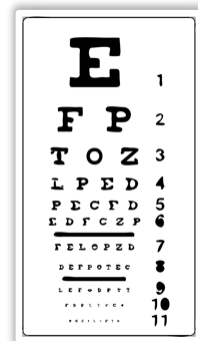
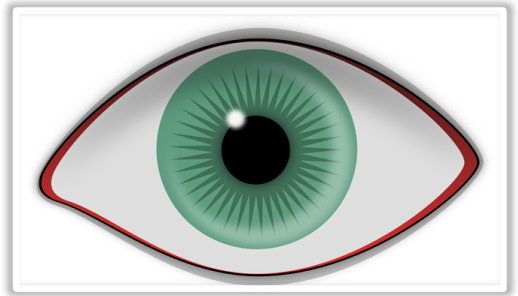


## Did You Know?

Near-sightedness can be slowed and even prevented! *Myopia*, also known as near-sightedness, is when objects look clear up close, but far away they look blurry. Often times this is corrected using glasses or contact lenses. With more research and increasing technology, there are methods to not only correct that blurry vision, but to keep it from getting worse.

When you become older, your eyes have a harder time seeing clearly up close. This is known as *presbyopia* and is noticed around age 40. Presbyopia is traditionally corrected using “readers.” For many people not used to wearing glasses for their first 40 years, “readers” are an inconvenience to carry around and take on and off. Soon, presbyopia will be able to be treated by eyedrops! Imagine putting one drop in each of your eyes and being able to see clearly up close.

Your local optometrist has information on and access to these resources. They can also catch numerous ocular and systemic diseases during a regular eye exam. Vision is crucial to everyday life. Make sure to see your local optometrist on a regular basis to maintain proper care for your eyes and body! Don't risk losing your sight!



FOR ADDITIONAL INFO PLEASE CONTACT: YOUR LOCAL OPTOMETRIST OR NIKHITA JACOB AT NSJACOB@BGSU.EDU