A DAY TO GIVE
Students donated 217 hours of service at Student Philanthropy’s Giving Tuesday event. | Page 2

Columnist calls for diversity in science industry | Page 5

Things to do and places to eat in Ann Arbor | Page 8

Rugby plays for national championship | Page 11
**BLOTTER**

**Mon. Nov. 28**
2:21 p.m.
Christine Austermiller, 53, was cited for theft in the 800 block of South Main Street.

**Sun. Nov. 27**
3:37 p.m.
Kali Seagraves, 21, was arrested for felony theft for stealing lottery tickets in the 1000 block of South Main Street. She was lodged at the Wood County Justice Center.

**Sat. Nov. 26**
1:03 a.m.
Joshua Mettler, 18, was cited for driving while under the influence in the 700 block of Main Street.

2:43 p.m.
Jodi Bates, 53, was cited for theft/shoplifting in the 100 block of West Gypsy Lane.

2:46 p.m.
Joshua Hopkins, 25, was cited for driving while under the influence, reckless operation and open container in the 900 block of Klotz Road.
Fri. Nov. 25
8:02 a.m.
Laura Hotton, 24, was cited for possession of marijuana and possession of drug paraphernalia in the 900 block of North Main Street.

11:20 p.m.
Lexie Hiser, 28, was cited for possession of drug paraphernalia.

**Tues. Nov. 29**
2:14 p.m.
Jeffrey Rudert, 54, was arrested for theft/shoplifting and criminal damaging in the 100 block of West Gypsy Lane. He was lodged at the Wood County Justice Center.

2:21 p.m.
Lexie Hiser, 28, was cited for possession of drug paraphernalia.

**SPC’s Giving Tuesday reaches service goals**

By Keefe Watson
Campus Editor

Volunteerism was in the air Tuesday when 125 students spent 217 hours giving back to their community during Student Philanthropy Committee’s second annual Giving Tuesday event.

Giving Tuesday, a national day of service, occurs on the first Tuesday after Thanksgiving and was celebrated with SPC’s hosting of service opportunities including letter writing, dog toy making and ornament decorating.

“Students want to give back, but students are really really busy, so we really try to make it as convenient as possible,” said Morgan Trussel, the graduate advisor for SPC.

The event was held from 9 a.m. to 3 p.m. in the Multipurpose Room of the Union, and students were able to come and go as they wished.

Allison Palmer, a senior and member of National Pan-Hellenic Council, wrote letters of thanks and support and made dog toys out of t-shirts.

Volunteerism was Palmer’s passion, she said. “I think it’s something that other college students should do.”

Palmer is majoring in applied health science and wants to be a physician.

“I can tie volunteerism to my career because I want to give back and volunteer my time and not just work,” Palmer said.

She is seeking medical schools that produce physicians who work in underserved areas.

Sophomore Cary Flanders wrote letters of support to victims and survivors at The Cocoon Shelter. Flanders, a member of Alpha Chi Omega, often performs service for the Cocoon with her sorority.

“It’s kind of nice to be able to do something not just with our sisters but with other people in the community, to see that they’re also involved with the Cocoon,” Flanders said.

The day of service was an opportunity for Greek and other organization members in need of fulfilling service hours.

“It feels good to give back to people that aren’t as fortunate,” one fraternity member said.

Sophomore Aliah Ripley’s service sorority, Omega Phi Alpha, also works with The Cocoon as well as Woodhaven, a local nursing home, and Woodlane, which provides services for individuals with developmental disabilities.

“There’s a lot more value in giving back than people realize,” Ripley said. “Because you’re not just giving back to others, but it also makes you feel really good, too.”

Ripley also wrote letters of thanks to her family members at the event.

For freshman Nia Britton, writing holiday letters to soldiers was personal. Both of her parents were in the service and cherished letters they received from schools.

A total of 70 holiday cards were written for soldiers during the event.

“It’s just repeating what someone did for my parents for someone else’s parents,” Britton said.

Britton and her friend Lisa Dzikio, also a freshman, don’t need service hours, but were volunteering their time for fun.

“It’s not strenuous to give back,” Dzikio said. “It’s nice to be nice.”

Several University students helped reach 217 total hours of service at Giving Tuesday.

Continued on Page 14
Holiday showcase to feature student art

By Tom Rodgers
Reporter

Over 1,000 students, faculty and community members will gather for ArtsX, a holiday showcase of student, faculty and alumni art kicking off December 3 at the University Fine Arts Center.

The event will feature musical, theatrical and dance performances, as well as hands-on activities, dramatic readings, glass blowing and more.

ArtsX aims to explore the arts from various angles under this year’s theme, “Volanti: Seeking Unknown Heights,” and it will highlight the talent of the arts faculty and staff with the opening of the 65th annual Faculty and Staff Exhibition. Their mixed media, print, paint, glass and graphics work are displayed in the Dorothy Uber Bryan Gallery. The exhibition is on display through Dec. 18.

The Arts will include several performances and workshops including Violet and Fortuna, an artistic partnership by University alumna Erin Graber-Pearson (Fortuna) and Kathleen Livingston (Violet). The groups segments consist of “Laces,” a contemporary circus show created to tell the story of a historic home in the Midwest.

Erin Garber-Pearson (Fortuna), will also be hosting free workshops Wednesday, Thursday and Friday this week.

“I’m looking forward to all of it. I’m really excited to facilitate a workshop about understanding movement,” Pearson said. “It’s (ArtsX) about having all of the different elements of the arts at BGSU put together.”

AuxWerks, a modern dance company in the Ann Arbor, Michigan area, will also perform. The group was founded on the idea that experimentation, strong technique and quirky sensibility can help invigorate and expand dance audiences of all kinds.

Montana Miller, an associate professor in BGSU’s Department of Popular Culture Studies and former circus aerialist performer, will also

Continued on Page 15
The recent incident of a stabbing at Ohio State University brings up the question of safety on school campuses. It brings back memories of tragic incidents like the night club shooting in Orlando, Florida and Columbine High School. But, as this issue comes back into the spotlight once again, it will soon be forgotten. It is a vicious cycle that keeps occurring in the United States.

In 2012 alone, there were sixteen mass shootings in the US including the shooting in Aurora, Colorado in the movie theater and in Newtown, Connecticut a mass shooting at Sandy Hook Elementary. Right after the shooting, there was a police presence before entering the movie theater.

I remember going to see a movie up in Cleveland and my mom’s purse was searched, and we both were searched by a hand-held metal detector before we went in for the movie. Then, a few months later, I went to the theater again, but all signs of the police were gone.

A similar story occurred after Sandy Hook. For a month or so after the shooting, security at my high school were enforcing teachers to have their doors closed and everyone was concerned about their safety, but as time passed, the concern went down. Security went back to being relaxed as if nothing happened.

Why, as a society are we so easy to forget tragedies? It would be a different story if there was legislation that was changed to reform gun control laws, but nothing has changed. President Obama said that, “we have been through this too many times” and yet, Congress cannot come together to make any changes. Families of Sandy Hook made a great effort to pressure the government into closing loopholes in purchasing weapons and had the issue in the public eye for months and people supported the families, but their efforts came with no reward.

This is not a Democratic or Republican issue. This is an issue for everyone. In 2015, it seemed that the flag was at half mast more than not. It became a social normality to hear about another shooting somewhere in the country and we have come to accept these facts. On the way to school, I would see a flag at half mast and think, “where was the shooting today?” It should set off alarms in our heads that the number of mass shootings increased and we have developed this numbness to it where it isn’t breaking news when another one occurs.

We need to collectively work together to break the cycle of being concerned for a few weeks about our safety out in public from gun violence and then forget about it. There has to be a solution to this problem. We can’t keep kicking the problem down the road expecting it to fix itself. If we really want to see change, we can’t let these incidents be forgotten about. No one is exempt from these unfortunate incidents. How many more people must be injured or die before someone decides that enough is enough? These incidents need to stay in the public eye and there needs to be a demand that something needs to change.

Reply to Kaitlyn at thenews@bgnews.com
Inclusivity in the science realm

This week I saw a movie trailer for “Hidden Figures.” If you have not heard of this movie yet, it’s focuses on three African-American women in wake of the Civil Rights Act find vital work at NASA. These women calculated the United States trip to space for Project Mercury and the Apollo 11 trip to the moon, and they are finally receiving the recognition they deserve. 

As a society we have started thinking more about our minority groups. In the science community this is a real concern for us as white male scientist continue to dominate every other race, ethnicity and gender. In 2013, the National Science Foundation (NSF) reported that more than half (71%) of science and engineering jobs were filled with white men and women. These numbers didn’t improve much by 2015, when NSF reported that people of white and Asian descent were more likely than other minorities to graduate from high school and earn a college degree. They also reported that the number of white men and women earning a degree in science and engineering has decrease, they still dominate over minorities. 

A number of science and education foundations, including NSF, offer grants and scholarships specifically for minority groups. Here at Bowling Green State University, we talk a lot about inclusion of minority students. 

Despite recent political events, science has recently created a number of amazing opportunities for minority groups. So, why are these groups still considered a minority? Why is it so hard to close the gap between race and ethnicity?

A number of people are thinking of these questions, but in my opinion, it comes down to the culture people are raised in at home and in the classroom. First, and most obvious, is the stereotypes surrounding science. When given diverse pictures of scientists, children will almost always pick the white male in a lab coat as the “real scientist,” regardless of what is happening in the other pictures. This picture shows up in the minds of minority students when they think of science, and because of that it seems unobtainable to them. 

Another issue is found within classrooms, and one I think people of all races and ethnicities struggle with. Science and math does not relate enough to the real world for some students. That person buying 500 apples in your math problem seems ridiculous, and the gene exchange happening within your cells seems unimaginable. There is not enough real world application of these subjects, which makes it hard for visual, hands-on learning students to grasp the concepts. Additionally, teaching in both of these subjects is centered on passing tests. Students are under pressure not to fail, instead of thinking critically about problems. 

Finally, there is an issue with the way science is viewed in minority communities. Without knowing about the opportunities within science, it does not seem successful, other than being a doctor. And because of this huge disparity of minority groups in science, future groups are often unable to have access to role models or mentors from their race or ethnicity. Without being able to see people like them in science, our future generations won’t know that’s truly an option for them. 

Though I am a white female scientist, I take every opportunity I can to encourage all girls to join me in this field. I would love to see more minority scientists doing the same so that we can show young minority students that they can make it. This is not a one-solution problem, but every little push in the right direction helps.

Reply to Cari at thenews@bgnews.com

Enjoy the free things in life

We live in a world that is obsessed. We are obsessed with the constant need of material items: the newest iPhone, clothes from our favorite retailer or the newest Yeezy’s. We are under constant advertisement ploys to convince us that if we could just have more “stuff,” or that newest thing, we can be happier than we were before.

The average American citizen is subjected to hundreds of advertisements every single day, and I bet if a recent Spotify ad came on you could recite every word. Well, this constant societal presence in advertisement is negatively impacting students and members of the community alike. 

A common misconception portrayed by these ads is that happiness is achievable through the purchasing of all these things, but I am a firm believer in the phrase “the best things in life come free.” We spend far too much time craving material things, and it can take away from us enjoying life fully. Additionally, it creates a subconscious competition between people, and we are all trying to keep up with one another in a race to have the coolest “stuff.”

The fact of the matter is that this can be exhausting. There are massive problems in the world today, many of which receive far less attention than they should, and instead of advocating to make our country better, or even enjoying what life has to offer. We spend hours online shopping for a pair of shoes that will likely end up in the back of your closet after they go out of season. That’s erratic and the longer we thirst for all the things it only continues to get worse.

I’m not saying that shopping or wanting nice things is horrible. In fact, shopping is one of my favorite things to do, and I spent 13 to 16 hours every Black Friday doing just that. There is nothing wrong with enjoying the finer things in life. It’s when it starts to consume our daily life and enjoyment of regular experiences that is the problem.

Constantly chasing to keep up and spending dollars and dollars of our already tight bank accounts just to get something that so-and-so has will never bring true happiness, it will only result in the craving of more stuff. It is much more rewarding to give thanks for the little things, and remove yourself from the chaos and crazy to remember how truly blessed we are. 

Here’s my challenge for each of you. Take time, deliberate time, to stop back and be thankful in the moment we are in now. Stifle the urge to buy new things and fill your closet with more. As college students, we are the most subject to advertising and pressure to buy, buy, buy. But there are amazing things waiting for you if you close out of your online shopping tabs. Be content with where you are, and do not let the thirst for new things and more stuff take over your gratitude for the free things in life.

Reply to Bailey at thenews@bgnews.com
When you’re looking for a place to live off campus, there’s a lot you will want to consider whether it’s the space, roommates, pricing, location or amenities. If it’s your first time living off-campus or your third, students want something that can meet all of their needs. **Falcon’s Pointe should be high on your list as the always-popular complex was voted “Best Off-Campus Housing” in the 2015 annual Best of BG survey.**

Molly Goodwin, property manager, explains their sense of community at the apartment complex. She says the staff really tries to get involved and encourage the involvement of all the residents to get to know each other. There are several resident gatherings and each year they have a Thanksgiving dinner and Christmas event for all residents to enjoy.

Falcon’s Pointe offers more than just a great social atmosphere, the complex offers many amenities that prove living at Falcon’s Pointe is truly a unique and luxurious experience. The complex offers free tanning, computer lab, newly renovated clubhouse with fireplace and a pool table, year round 24/7 hot tub, resort style pool, WIFI in the clubhouse and large fitness center. Included in the units are full size side-by-side washers and dryers, water and trash, free just updated high speed internet. No wonder the students voted Falcon’s Pointe one of the best places to live!

The complex has 576 residents with 144 apartments. Each unit contains four bedrooms, and each resident has their own private bath, as each suite has four private bathrooms. Falcon’s Pointe offers furnished and unfurnished apartments with nine or 12 month leases. Falcon’s Pointe recently added new hardwood flooring to both the kitchen and bathroom areas as well as having giving the apartment a fresh new look.

If you want to rent from Falcon’s Pointe, but don’t have three others to room with in a suite, don’t worry! Goodwin says she uses a roommate matching system to help each student find others who they are most compatible with. She says they don’t use computer matching, but it is done with her personal attention, with her doing it by hand. Questions on the matching system helps prevent roommate issues in the future and there are rarely any roommate matching issues thanks to Goodwin’s expertise in the area and as a result, staff has found that many new friendships are made every year!

Falcon’s Pointe is also making improvements to its already popular and widely-used shuttle service with the addition of a brand new shuttle in 2016. **The shuttle service travels to and from campus, and Goodwin says it is so popular that most people take it instead of driving to the university. It runs from 7:30 a.m. to 6 p.m.**

In fact, Falcon’s Pointe leases 100 percent of its units each year and every year the complex is booked full earlier and earlier!

When students are looking at places to live, Goodwin says how they usually are comparing Falcon’s Pointe to the other new complexes in town. She said the benefits of Falcon’s Pointe, such as the 24-hour clubhouse that includes free tanning and fitness center, a computer lab with free printing, and an area where others can mingle with one another, plus the hot tub, usually sways students their way. In fact, Falcon’s Pointe leases 100 percent of its units each year and every year the complex is booked full earlier and earlier! Falcon’s Pointe has much to offer students and invites you to check out why other students voted the complex “Best Off-Campus Housing.” They want you to know the value and amenities you will get and how it compares to other complex locations.

For more information you can visit their website at www.falconspointe.com.
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**“Moana” another hit from Disney**

By Megan Wimsatt  
Pulse Reporter

“Moana” has a number of factors that all mix into one beautiful film. The main factor that allowed all of it to happen was the amount of research of Polynesian culture and collaboration with the Oceanic Trust that was done.

“Moana” is about a Polynesian girl named Moana (voiced by Auli’i Cravalho) who sails across the ocean to find the demigod Maui (voiced by Dwayne Johnson) in an attempt to save her island from destruction. The duo encounter a number of hurdles on their journey, including pirates called Kakamora, a giant crab called Tamatoa and the lava demon Te Ka.

The script is very well crafted. Written by Jared Bush, “Moana” covered the theme of being true to yourself, as well as knowing your responsibilities but keeping what you love to do in your mind. There’s enough conflict, humor, tearful moments and adventure packed into the film to keep viewers entertained.

Moana’s character specifically is extremely well written. She’s strong, and recognizes her duty as the chief’s daughter to be there for her people. Moana also has a love for the sea and refuses to abandon it for that duty though, allowing her to balance both sides. Moana isn’t super skinny like most Disney princesses as well. Maui also has a bigger build, but doesn’t fall into “fat stereotypes.” Moana also doesn’t have a love interest in the film, which is a nice and welcome addition.

The characters aren’t the only highlight of the film. The animation itself is beautiful. From the water, to Moana’s hair, to Maui’s tattoos, I was never unimpressed with the work that went into the film. Everything moved super realistically, and it gave the movie a huge sense of reality that I haven’t gotten from an animated Disney film in a while. Sometimes animation can only project a certain amount of reality to it, but “Moana” dropped a boat ton of it, even with the fantasy aspects.

The music is also brilliant. Composed by Lin-Manuel Miranda, Opetaia Foa’i and Mark Mancina, the score set the perfect backdrop for “Moana.” Both the lyrical songs and the instrumental songs fit the tone of the film perfectly. The drums, woodwinds, and occasional background vocals added a spirit to the film that kept the action going. The lyrics are catchy too. I saw the film almost a week ago and I haven’t stopped singing the music in my head.

If my word isn’t enough to go see “Moana,” the $81.1 million at its holiday box office opening should be. Oh, and be sure to stay for the after credits scene.

**The Weeknd’s “StarBoy” Has Landed**

By Teegan Matthews  
Pulse Reporter

On the morning of Black Friday, The Weeknd released his highly anticipated third studio album “Starboy.”

It’s been about a year since his last project “Beauty Behind the Madness,” which featured his two chart-topping hit singles “The Hills” and “Can’t Feel My Face.” No one was really expecting hit singles “The Hills” and “Can’t Feel My Face.” No one was really expecting hit singles “The Hills” and “Can’t Feel My Face.” No one was really expecting hit singles “The Hills” and “Can’t Feel My Face.” No one was really expecting The Weeknd’s “StarBoy” Has Landed

On the morning of Black Friday, The Weeknd released his highly anticipated third studio album “Starboy.”

“Starboy” is an 18 track album and is a huge upgrade from his last successful album. His style of music has remained the same, but the lyrics are much deeper than the surface and they are backed by haunting R&B beats.

The title track, as the first song on the album, sets the mood right for the entire album. It’s all about him bragging on all of his accomplishments, and he’s so happy that he has the chance to live this kind of rich lifestyle. He carries this kind of attitude throughout the album, but at the same time he is also telling the stories of other characters he’s created who live like this as well. With telling these stories, he shows the different sides to how they live and their love lives now that they are rich.

He shows that even living lavish has its downsides and that’s very evident on the following song “Party Monster.” This song talks about all of the women he is messing around with while he can’t find the reason to settle down or even remember the names of the women he meets. This message progresses throughout other songs on the album because intimacy is something he is longing for while being able to live lavishly.

In the song “Secrets,” he feels he finally found the woman for him, but it turns out that she doesn’t feel the same for him. This really saddens him because he has everything but that one person.

Other stand out tracks on this album are “Reminder,” “Attention,” “Ordinary Life” and “I Feel It Coming.” They further express his troubles with the type of people he meets and how it never goes his way. The best track on the album is “Sidewalks” featuring Kendrick Lamar. It is a song about his troubles as a young adult and how he had to teach himself how to be a man without a father. He further explains that he is grateful for the life he has now but he still remembers he had to walk on the sidewalk of life instead of riding in a car.

As a whole, this album has really set him apart from his older work; it’s one of the best albums of the year. He is much more mature in his approach and can be boastful when he wants to but still keeps the message of not forgetting your roots. I have been a fan of The Weeknd for years
A DAY OUT IN...
Ann Arbor Michigan

By Jennifer Verzuh and Isaiah Vazquez

As much as we both love Bowling Green, we have to admit there isn’t a whole ton to do around here. Wrapped up in classes and campus activities, it’s easy to forget there’s life outside of BG. We’re within only a few hours of many interesting and exciting cities. So, we’ve decided to begin devoting our weekends to taking day trips to such destinations in the hopes of encouraging other students to take similar trips.

Our first stop was Ann Arbor, Michigan, roughly only an hour away, and home to the University of Michigan, an adorable downtown and yummy food spots. Below are our picks for how to spend a day in the city:

Jennifer’s Picks:

1. University of Michigan Art Museum
2. Pinball Pete’s
3. Liberty Street Shops
4. Tomukun Noodle Bar

At free admission, the value is difficult to beat. It’s certainly one of the high points of the University of Michigan campus. Though modestly sized, the museum has a strong collection, featuring a wide variety of galleries ranging from Japanese art to modern and contemporary art. Even if you’ve visited beforehand, there’s always new and intriguing temporary exhibits worth seeing.

Easily my favorite part of this trip was Pinball Pete’s. Close to campus, this large old-school video game arcade is the stuff of kids’ (and my) dreams. There’s an impressive array of games from modern first shooters to classic Atari, not to mention skee-ball, air hockey, racing games and, a favorite to our generation, Dance, Dance, Revolution. It’s a blast and great way to spend a few hours, (just watch your money though, it’s easy to lose track of how much you spend). And their pinball collection is impressive to say the least. Best of all you get to exchange tickets for prizes. I don’t want to brag, but I came away with multiple kinds of sour candies.

No trip to Ann Arbor is complete without a stroll through downtown’s Liberty Street. Of the many unique stores lining the street, Cherry Republic stands out. The shop features a wide variety of cherry themed foods and drinks, such as cherry salsa, cherry barbeque and cherry hot chocolate. And the best part is there’s plenty of free samples. If you’re a film lover, you’ll also want to carve out a few hours to see a movie at the iconic Michigan Theater, a historical cinema that offers buzzworthy indies. Another essential stop is Dawn Treader’s Book Shop. With stacks upon stacks of literature of every genre this gem is a book lover’s dream.

Korean barbecue is hands down my favorite type of restaurant. The food is delicious, filling, flavorful, and fun to prepare. Each table has a small grill where you and your friends grill the meats you’ve selected off the menu (I strongly recommend the bulgogi and brisket), which you receive. Outside of major cities with strong Asian communities, like Los Angeles, you sadly don’t tend to see too many of these restaurants, especially of good quality, which makes Tomukin all the more an exciting find. It’s a bit pricey, but worth your money, especially if you’re with a big group.

Isaiah’s Picks:

5. Frita Baditos
6. University of Michigan Law School
7. Graffiti Alley
8. Nickels Arcade

When you first hear of “Cuban-Inspired Street Food,” not much comes in mind, but it certainly draws up curiosity of what kind of food Cubans sell on the street. The place is truly one of a kind and has a wide variety of different kind of burgers combinations and tropical milkshakes.

Although I’m an Ohio native and I felt like I was deep in enemy territory, I couldn’t stop but adore the architecture of the Law Quadrangle at University of Michigan. The buildings follow a more of a Gothic style, which is quite unique compared to what I usually see here at BGSU. The quadrangle puts together a formula of nature and old-style architecture into a beautiful combination.

Graffiti Alley is a prominent tourist attraction for many reasons. One of the things I enjoy the most about the alley is the large variety of artwork and talents you see every time you’re there. From a college team claiming their fame on the wall to meaningful quotes, the alley is always worth taking a look at and a great place to take some photos.

When I first heard the words “Nickels Arcade,” I would have never guessed that it would be a tiny strip of stores. I thought that it was some place where you played video games and have fun. Well one of those were true, the Nickels Arcade is a tiny alley with a nice number of stores going from State St to Maynard. It includes a few cafes, antique shops and more. Overall it was a pretty new experience to me and it’s a nice place to get a nice souvenir from Ann Arbor.
Hockey prepares for Lake Superior

By Zane Miller
Assistant Sports Editor

The Falcons hockey team will take on the Lake Superior State Lakers on the road on Friday and Saturday night, as the team looks to continue a six game winning streak.

“They’re a really difficult opponent,” Falcons head coach Chris Bergeron said. “They’ve turned that program around, they’ve got some talent and they’ve got off to a great start, the last six games have been a little bit bumpy but this is going to be their first home series over the course of the last three or four, so they’re going to be hungry to play back at home.”

Lake Superior State comes into the series after facing a tough six game road stretch where they went 1-5, but the team feels that they are still going to be a dangerous team to play against.

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Rugby plays in national championship

By Zane Miller
Assistant Sports Editor

The Falcons men's rugby team will play in the Division I-AA Fall Championships in Greenville, South Carolina, on Sunday morning against the Notre Dame Falcons.

"They're a pretty good all around team," Falcons head coach Tony Mazzarella said. “They've got some good weapons especially in the backfield, but their forwards are certainly not anything to overlook. They're solid pretty much 1-15 and they've got some really good playmakers, so we're just going to have to hold the playmakers in check a little bit, and when we're on offense we're going to have to be committed to our pattern and continue making sure that we have good support in the offensive area, so once we get that in gear, it should be a pretty good match."

The team feels that the enhanced commitment to the program, as well as strong leadership from the seniors has helped lead them to the opportunity for a national title.

"The senior leadership has probably been the biggest thing, we really had a pretty similar team as the one we had last year, but I think it was just going through some of those struggles that we had last year. The guys who were on the team as juniors and sophomores last year really recognized what it took to really get through the bubble and put forth that much more effort than they had over the last couple years and it just paid off."

The team has also been proactive in their improvement over the course of the season, which has also played a role in their playoff run.

"The biggest thing was their dedication," Mazzarella said. “They put in the extra time without me asking. Guys that needed to work on certain skills stayed after practice and worked on those skills. We came to an understanding about what we wanted to work on and how we wanted to operate and they put in the dedication to do it."

The team also credits a lot of their success to adjustments they have made offensively from last season.

"This year, our structure and the way we attack with the ball and play defense has kind of changed up a bit and that's been really successful," senior fly-half Nick Ross said. “We play more of a spread out system. Comparing to football, it would be like a West Coast offense. It was made for teams that are a little smaller and more speed, so that you can spread the ball around the field and attack from any direction."

While the team will be playing on a big stage, they are looking to stay calm while still staying focused.

"We're trying to stay relaxed," freshman wing Bob Kiskin said. “No one’s talking about this game like we have to win it, we're not feeling any more pressure than normal, we're all more excited to play in it.”
City gets first Kooler Ice vending machine

By Holly Shively
Editor-in-Chief

In Ohio, vending machines are usually reserved for drinks, snacks and banking, but a new ice vending machine is changing the way college students and families will buy their ice.

Matthew Myers is one of four owners of Midwest Vending Products, a company created in August of 2016. The company installed a Kooler Ice machine in front of Falcon Food Mart at 1414 E. Wooster St. two months ago. It’s the company’s first and only Kooler Ice machine.

“I’ve been doing this business for probably seven years now. Being from the Midwest I was trying to find a way for it to make sense to put an ice machine in the upper region,” Myers said. Where he lives in Georgia, ice vending machines are much more common.

With a wife from Haskins, Ohio, only a short distance from Bowling Green, Myers found his way to put a Kooler Ice Machine in the Midwest — place it in a college town.

The machine is hooked up to filtered water and electricity to continuously form perfect, 7/8-inch uniform cubes. While there are six stores on East Wooster Street alone that sell ice, Myers said Kooler Ice provides a much better product.

He said the ice from these vending machines is more uniform and produced fresh daily, so there’s no need to slam a bag on the ground to break the ice up. It’s also simpler.

“Everything that we do as a society, or most things, is about convenience,” Myers said. “there’s nothing more convenient than ice on demand.”

The price is comparable to other stores selling bagged ice. On Wooster, the stores generally sell 7 pound bags for $1.99 plus tax; Kooler Ice’s vending machines give two options: a 10 pound bag for $2.25 and 20 pound in two bags for $4.

The machine needs no employees aside from the Falcon Food Mart employee who loads the bags and ties about once a week, and it’s available 24/7. Myers said if a college student needs a bag of ice at 2 a.m., they can walk right up to the machine, hit a few buttons and leave without talking to anyone.

Nathan Earnest, co-owner of Midwest Vending Products said the ease of the machine also reduces the carbon footprint without diesel trucks delivering the ice, and since the ice is produced fresh, Earnest, Myers and their other two partners don’t have to worry about theft, blackouts, spoilage or running out of inventory.

He expects the Bowling Green community members to utilize the machine for ice in the summer and during warm weather for picnics. College students will supplement the off-season for ice when it’s cooler by using the ice machine for parties.

“The sales have been not as much as I would have initially hoped, but with that being said we really haven’t done any advertising at all,” Myers said.

He fully anticipates putting fliers around town, into dorms and in the Greek Village, but he wants to make sure the bugs get worked out first.

“The last thing you want to do is advertise and promote something that doesn’t work,” he said.

However, Earnest said the usage has been increasing on its own as people become more aware of the machine. Business has continued increasing despite the approaching cold weather.

“People are generally surprised and impressed with the quality,” he said.

As residents of Georgia and Chicago respectively, Myers and Earnest aren’t the only ones who live far away from the new Kooler Ice produces uniform-sized ice cubes.

PHOTO PROVIDED

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SRC prepares for finals with party

By Elias Faneuf
Reporter

The Student Recreation Center will be hosting the Midnight Pajama Party from 10 p.m. to midnight on Thursday. This event is focused on students getting their minds off the stressful finals week that is coming around the corner. It will also provide a lot of activities including rock climbing, crafts, and many other activities.

Faith DeNardo, director of Wellness Connection, helped put together this event so that students won’t get too caught up in the finals week. While DeNardo believes that students should study hard, it’s always okay to take a break once and a while.

“This event provides an opportunity for students to relax and unwind before finals week arrives,” DeNardo said. “Participants in the event receive valuable information and resources that provide beneficial strategies for reducing stress during the end of semester activities, exams, and projects.”

The event has proven to be quite beneficial according to Sarah Music, a Graduate Assistant of Wellness Connection, who had the students take a survey in regards to the event and the results came out very positive.

“Last year, 83 percent of participants surveyed stated that as a result of the event, they understood and felt comfortable applying the wellness concepts discussed to situations that may occur in their life,” Music said. “The Centers for Disease Control and Prevention states that finding support, connecting socially, getting plenty of sleep, staying active, and giving yourself a break are all healthy ways to cope with stress.

At the Pajama Party, students will have the opportunity to connect with campus resources, interact with other students, learn how to improve sleep habits, participate in dance class and rock climbing, which can give them a break from worrying about stress in their lives.”

Some students use the Recreation Center as a way to get their mind off of the stresses of schoolwork and exams. BGSU student Sam Bediako, who goes to the Recreation Center often, expressed his interest in possibly attending the event.

“I think it’s very convenient,” Bediako said. “I don’t know any student that doesn’t get stressed out during finals week. I use the Recreation Center to help deal with my stress, so the fact that it’s in this building makes me intrigued by attending the event, but I might have to check it out on Thursday.”

Students participating in the event will need to wear appropriate pajama clothing in order to get the true experience of a Pajama Party. Holly Weller, who is the Wellness Connection Student Supervisor, provided a reasoning behind wearing pajamas at the event.

“The reasoning behind wearing pajamas is that we’re encouraging people to sleep and studies have shown college students don’t really get enough sleep,” Weller said. “No one I know of ever gets a full eight hours of sleep like you’re supposed to. So we’re encouraging you to give you information about sleep.”

In addition, the first 100 people will receive a book for The Sleep Revolution following a survey by the end of the night. The event will be free of charge, so if you need to get away from the thoughts of finals week, then this might be the place to go to.
The event also included a passive option of giving meal swipes towards the Falcon Care program. 122 swipes were donated on Tuesday.

The 217 hours donated included the time spent to make 154 t-shirt dog toys, write 54 thank you and 70 holiday cards, decorate 110 Valentine's Day themed bags for Meals on Wheels and make 64 holiday ornaments for the Wood County Committee on Aging. Over $300 was also raised for student scholarships.

A steering committee had been meeting once every two weeks for the last few months in order to plan Tuesday’s event, said Mary Fleck, SPC’s recruitment and retention chair. Planning involved marketing the event and organizing the service opportunities.

“Whether you realize it or not, your life has been touched by some form of volunteerism, so it’s really important to pass that on and pay it forward,” Fleck said.

The committee was comprised of the Student Philanthropy Committee, the Center for Community and Civic Engagement, Undergraduate Student Government, Office of Alumni, Alpha Phi Omega and many others.

“You don’t have to have a million dollars to give back, you don’t have to have a lot of time to give back, you just have to give back when you can,” Trussel said. “Pay it forward whenever you can.”

Giving Tuesday volunteers made holiday cards for soldiers.
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demonstrate her acrobatics in various short acts during the evening.

Abigail Cloud, a University instructor and ArtsX planner, is excited to see the event take motion.

“We already have a relationship with Pearson,” Cloud said. “We really tried to make sure that the ArtsX acts had a BGSU connection of some kind to either our students or our faculty.”

Cloud says that ArtsX is one of the most important programs for the arts all year.

“It’s the best way for the University and community to see what BGSU has to offer,” Cloud said. “It is our chance to showcase what our students in particular are doing. ArtsX brings everything together and we can appreciate what each other are doing in different departments and make sure the community knows everything we have to offer.”

For those who are feeling the holiday spirit, handmade gifts crafted by University students will be available for purchase. The event is free and open to the public. Free parking arrangements have been made through the University.

**Group fitness may lead to higher GPA**

**By Shannon Cleary**

**Guest Writer**

Students participating in the University Student Recreation Center’s group fitness classes under the Group X program are likely to have better GPAs than others.

According to a 2013-2014 survey done by the University Office of Institutional Research, freshman group fitness participants maintained higher GPAs and retention rates than those of non-participants.

Cycling, Yoga, Barre, Zumba and BODYPUMP are a few options of the different classes offered each night in the fitness studio at the SRC.

“Results oriented Group X classes are a great way to achieve fitness goals while exercising in a fun, motivational environment. A wide variety of classes with well-rounded exercise routines are led by certified instructors who provide support, accountability and structure,” according to the Group X website.

Junior Gerontology major, Mallory Farabaugh, attends Group X classes twice a week. She was not surprised to learn the average Group X participant’s GPA was 3.25, compared to the average 2.77 of those who did not attend group fitness.

Farabaugh believes exercising is a great stress reliever.

“It’s just a good hour or so to take your mind off of your studies and it helps you focus when you get back instead of just pushing through for hours on end,” she said. “I love how many classes are offered and the variety. It really is easy to find a class to go to no matter what your class schedule is.”

Fitness Student Supervisor Adrienne Ansel started out as a Group X Instructor

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and continued to work her way to an additional administrative role at the SRC.

“I came on in January of 2016 as the Student Supervisor. I do a lot of programming for our Group X Instructors and Personal Trainers, and I do a lot with the mentoring process. So I help all of our Group X Instructors integrate into our team,” Ansel said.

Being an Exercise Science major and Dance minor allows her to mentor the Group X Instructors into better teachers and fitness ambassadors by observing classes and making sure all exercises are safe and enjoyable for participants.

Ansel recently mentored Jocelyn Campbell, a senior dietetics major, into the Group X program as a Zumba Instructor. Campbell took classes from Ansel and loved how involved she was in the fitness programs at the rec center. Ansel gave Campbell the tools to get started as an instructor, and after getting her certification in May, she began teaching group fitness classes when school started in August.

“Group X classes, in general, I really love because I think it’s a really awesome way to de-stress and get away from your classes and anything emotional going on in your life. It’s some good time to sweat it out,” Campbell said, “You get to meet a lot of people and make relationships in class, which I think is cool and really important in college especially.”

The Institutional Research survey showed that 89 percent of students who participated in group fitness continued attending the University the next year, compared to only 75 percent of those who did not participate.

Campbell believes getting your heart pumping can help brain chemistry, so she understands the correlation between Group X participants and higher GPAs.

“Students that have higher GPAs are better at budgeting their time. Usually people that are involved at the rec are involved in other organizations too. I feel like if they can make time to make it here, they can really make time for other things too,” Campbell said.

Ansel agreed that Group X benefits health as well as the overall college experience.

“I definitely think that those stats are something we see in our participants because we help them get motivated and make good choices and make exercise an important part of their lives,” Ansel said.

She said group fitness boosts confidence because participants feel better about themselves and their lifestyle choices.

“People who are dedicated to coming and getting their fitness in also make sure they are dedicating the proper time to school as well,” Ansel said.