LIKE A BOSS
Student-founded clothing line offers fashion as well as empowerment through community.

Recycling may not be environmentally friendly
PAGE 5

Alec Rauhauser talks about his transition to college hockey
PAGE 7

Columnist advises to be mindful of false Internet sources
PAGE 3

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Fashion focuses on community

By Amber Jones
Reporter

For many students, college life is a challenge. Students are balancing classes, joining student organizations, working and trying to make time for a social life. But for four ambitious University men, college life was an opportunity to start a business known as Boss Up Clothing.

On a Thursday evening, students bustled to the Bowen-Thompson Student Union to be a part of a photoshoot for the University homepage acknowledging the work and exertion of junior political science major Jauntez Bates, senior accounting major Dion Brooks, senior geography major Brenden Foulks and senior Kovone Hunt. With the hashtag #BossUpClothing, the four members flooded Twitter with tweets and polls asking everyone to come out and be in the photoshoot.

“We are all about what the community wants and being able to give back to them because that’s what is important,” Foulks said, running around providing everyone shirts who wanted to be involved in the photoshoot.

Boss Up offers a variety of clothing such as legacy T-shirts (black power fist), custom T-shirts and crew necks, sweat pants, tanks and baseball jerseys donning the Boss Up logo with the options of different city names, allowing people to support their hometown while being away at college.

“We are continuing to develop and think of different ideas that would incorporate the community,” Bates said.

The clothing line started with the intention of developing the concept of everyday clothing. The clothing produced is representative of a large array of cities, beginning with Detroit and Cleveland.

“Jauntez came to me and asked me if I wanted to start a clothing line. I was skeptical at first, but then I agreed,” Brooks said. “For about a week, we were trying to come up with names and we wanted something that was meaningful, something that related back to our home, so I threw out the idea of Boss Up and he liked it.”

Since each founder is from Detroit, the clothing line is more than just designing and selling clothes. These students have taken a term of endearment from their city and turned it into a message for everyone to know and take pride in. Boss Up Clothing instills an appreciation for their hometown as well as customer’s hometowns.

Wearing a Boss Up white shirt with a raised fist known as the Black Power fist centered with the Boss Up logo over the Detroit skyline, Brooks explained the phrase Boss Up is a term of endearment from their city and turned it into a message for everyone to know and take pride in. Boss Up Clothing instills an appreciation for their hometown as well as customer’s hometowns.

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“Jauntez came to me and asked me if I wanted to start a clothing line. I was skeptical at first, but then I agreed,” Brooks said. “For about a week, we were trying to come up with names and we wanted something that was meaningful, something that related back to our home, so I threw out the idea of Boss Up and he liked it.”

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Wearing a Boss Up white shirt with a raised fist known as the Black Power fist centered with the Boss Up logo over the Detroit skyline, Brooks explained the phrase Boss Up is a term of endearment in Detroit meaning to elevate and better yourself.

“Say you did bad on a test, go ahead and study hard, boss up and get that ‘A.’ The term is so broad that we can use it for not just Detroit, but for any city,” Brooks said.

While the Detroit skyline is on most of the Boss Up apparel, they also change it for other cities such as Cleveland, Chicago, Atlanta and Oakland.

With the crowd of people coming to be in the photoshoot getting larger and more ecstatic, the four founders guided everyone outside toward the University Oval where a hill stood right in front of Eppler education building, greeting Marketing & Communications Director of Photography, Craig Bell, to begin the photoshoot.

The four were front and center during the photoshoot, snapping videos and enjoying each other’s company and having a fun time asking anyone who walked past to get in the photo, tossing shirts their way and admiring
Be mindful when it comes to stories on the Internet

Talking with my grandfather over Thanksgiving break showed me just how out of touch people who rarely use the Internet can be. Now, my grandpa is pretty progressive and well-informed, but he only looks up movie times in a physical newspaper and told me I should rent a DVD from the library to watch a movie he recommended to me. I know that I will be in his place someday, but it's still kind of frustrating. And we all know Baby Boomers aren't the most skilled Internet users.

But what about us millennials, who are Internet savvy? We, according to NPR, are consistently still tricked by fake news and naive advertising. We seem to take most of what we see on the Internet at face value, despite knowing that anyone can post anything that they want. Most Internet users don't look at the source of where information comes from but just what the information is. But, this obviously isn't enough. We need to be aware of the context of the information, and the biases that could be behind it, so that we don't spread information that could be harmful or even blatantly wrong.

The old “McDonald's nuggets are made from pink slime” rumor is still going around, despite being proven to be false. Fake news was a prevalent part of the recent election, which was mostly spread on Facebook, and now is being called a “crisis.” With the ability to distinguish between what was real news and what wasn't, people might have made a different decision.

Varying sources, opinions and explanations are needed and important, but only when they are founded on something real. These fake news articles that were spread around were created to fear-monger and influence people on both the left and the right.

But, not everything is subtly manipulative, I've seen multiple infographics spread around telling people how to make floor cleaner at home, but if anyone actually tried to follow the

Continues on Page 4
Students should keep an open mind toward biology

It’s getting close to the end of the semester, and while the holidays are probably more prevalent in your thoughts, you inevitably are thinking about next semester. Maybe you are nervous because you realized you are signed up for that introductory biology class, and there is a reason that you aren’t majoring in biology. If you’ll just hear me out for a second, though, I’m here to tell you a few things that may help you get through that class with the idea that the concepts you learn will be applicable to your life.

At first, the concepts that you learn in introductory biology may seem trivial. Why should you care about genes or basic concepts about the environment? You aren’t planning a career in anything related to biology or science. However, taking the class seriously could lead you to understand the world you live in a little better. After all, science and technology are all around us. It’s represented there in your cell phone and every time you go to the doctor. It’s used for everything that you eat and drink. In fact, you probably already know a lot more than you think about how technology and science work, you just don’t realize it. Introductory Biology will build on this knowledge.

Genes, for example, may not seem important right now. You know they make up life in general, but why should you need to know how they work? As we move further in our understanding of the human genome, we are finding that many diseases are actually caused by our genes.

“...everything on the Internet is not necessarily true. Scientists have a specific method for asking questions and finding answers about the world in order to get the most relevant and true information to us...”

Caitlin Maloney
Columnist

There may come a time in life where you will need to visit a genetic counselor either for yourself or a loved one. This person will help you understand a genetically caused disease or syndrome, but if you go in knowing the basics about genes from your intro biology class you may be a step ahead. This little background knowledge may help you ask more in-depth questions about a disorder so that you can get the best treatment.

Understanding science can also help you make more educated decisions about the information you are getting from the world. Your introductory biology class will help you gain the skills to be able to decide whether a news source is credible. We all know that everything on the Internet is not necessarily true. Scientists have a specific method for asking questions and finding answers about the world in order to get the most relevant and true information to us. You may want to know more about GMOs or climate change and introductory biology can help you find sources that are credible and not just opinions or made up information.

While we all have to take classes that we aren’t interested in, maybe taking the time to look at how the information may apply to your life outside of your career could help you enjoy the class a little more. Even though everything won’t be applicable, you may be surprised how the knowledge affects you later on. We live in a world that is driven by science, and understanding even a tiny portion of it can help you live a better life.

Reply to Caitlin at thenews@bgnews.com
Recycling may not support sustainability

By Courtney Brown
Reporter

Recycling, along with reducing and reusing, may be taught to promote sustainability, but there is a chance recycling doesn't really have positive effects on the Earth's environment.

In 2013, the University had around 10,000 pounds of solid waste per week. Each semester contributed to 21 percent of the University's carbon emissions, according to the University's Climate Action Plan.

That was a significant amount of waste, but there is debate, both on campus and in Bowling Green, on whether recycling is actually beneficial for the environment.

Dr. Enrique Gomezdelcampo, a University professor in the Department of Environment and Sustainability, argued recycling makes little difference in bettering the environment.

“I think it's a cop-out,” Gomezdelcampo said. “It makes people feel good for doing nothing. They do that, and that's it.”

Even in regards to possible landfill crises, Gomezdelcampo remained convinced recycling did little good to solve the problem.

"Recycling isn't going to solve any of the environmental problems we have,” he said. “We don't have a problem with landfills. The U.S. has lots of land … and Europe burns or incinerates its waste."

Out of reducing, reusing and recycling, Gomezdelcampo said reducing was most important, and would make the most impact.

Instead of taking the time and energy to recycle, Gomezdelcampo believes it best to just cut out the need to recycle and just reduce the amount of product people use.

“People mix up their recycling to where it gets mixed and cannot be used,” he said, laying out problems he saw with recycling. “It's cheaper to manufacture new bottles...and old bottles get sent to other countries. Many go to a landfill in the developing world.”

Even if recycling potentially does not benefit the environment all that much, it still reduces the amount of methane produced if the waste were to go to landfills.

A couple of University students commented on what they thought about recycling, and on how often they did it.

“My roommate doesn't (recycle), and it bothers me,” sophomore Melanie Dobinson said. “Now that I'm in an environmental science class, I'm more aware.”

More awareness does not necessarily mean people recycle more.

“I don't really see a lot of people recycle,” sophomore Rachel Van Curen said. “It's not convenient.”

Despite the potentially low amount of students and faculty recycling, or its possible inconvenience, University custodian Tenille Holland said recycling has actually been gaining ground.

Out of the 17 years she has worked with the University, Holland said recycling is getting more popular on campus.

“It's a lot better now than what it used to be,” she said. “I get a lot of recycling, and there's more this year than last year.”

Continues on Page 11

Wearable technology garners popularity

Elena Lancioni
Guest Reporter

Are you looking for an easy way to track your health? The American College of Sports Medicine has announced the leading fitness trends for 2017, and the top trend is wearable technology.

According to Forbes Magazine, one in six consumers currently own and use some form of wearable technology.

The top trends were determined by a survey given to health professionals worldwide in which 42 potential trends were given and the top 20 were ranked by ACSM, according to ACSM's Health and Fitness Journal.

University Professor of Exercise Science, Dr. Lynn Darby, believes this is a trend because wearable technology is easy to use and understand.

"People are much more conscious of their daily steps if there is a number immediately available to them,” Darby said. “In addition, some trackers or wearable tech devices can do much more (than steps).”

According to Dr. Walt Thompson, the lead author of the survey, various types of fitness technology have emerged to fit the technological lifestyles of many individuals, which is a must-have in daily life.

Fitness devices have also grown in popularity because “…they have become more affordable, unobtrusive and useful in their application,” according to a review of consumer activity trackers published in the International Journal of Behavioral Nutrition and Physical Activity.

Wearable technology includes activity trackers, smart watches, heart rate monitors, GPS tracking devices and smart eye glasses, according to ACSM.

According to the International Journal of Behavioral Nutrition and Physical Activity, "The devices helped to grow what is known as the Quantified Self movement, engaging those who wish to track their own personal data to optimize health behaviors."

Fitness trackers allow individuals to independently monitor their own exercise habits, sleep patterns, heart rate and caloric intake.

Junior psychology major, Courtney Douglas, has had a Fitbit for two years and uses it to keep track of the time and length of her workouts.

“I really enjoy that it keeps track of my 'active hours' throughout the day. As someone who is very involved in health and fitness I find this interesting,” Douglas said. “Also, as a powerlifter, keeping track of the time in between my sets is very important and my Fitbit allows me to do so very easily.”

Fitbit trackers calculate active minutes using metabolic equivalents (METs), which measure the energy expenditure of various activities, according to the Fitbit website.

Activities above three METs, such as a brisk walk or daily living activities like sweeping floors or vacuuming, earn active minutes on a Fitbit, according to the company's website.

Some people use data from fitness trackers to keep track of intensity during a workout, Apple watches and Fitbits can help track health, something that a simple watch or an exercise machine may not be able to record.

"It makes me more aware of my heart rate during exercise in comparison to my heart rate at rest, which helps me determine how hard I am working during exercise," junior exercise science major and cross country team member Rachel Walny said.

Monitoring exercise heart rate can help one determine the intensity of exercise and prevent over-exercise, according to the American Heart Association.

Wearable technology such as a Garmin or a Fitbit can estimate maximal heart rate and give indicators of peak zone, cardio zone and fat burn zone.

Darby believes others should use this type of technology if it would help them to transform their health habits.

"Some individuals are internally motivated and some need external motivation to complete exercise or healthy habits,” Darby said. “Looking at the actual numbers (steps or heart rates) can give you immediate feedback.”

Some fitness trackers act like a personal cheerleader when a goal is met by providing badges for certain health areas and filling the screen with a burst of confetti when a step goal is achieved.

When paired with her computer, Darby said she can track food intake, water intake and even compete with friends who have a similar device.

The ability to compete with friends and self-monitor health habits are advantageous in increasing walking and overall physical activity, according to the review in the International Journal of Behavioral Nutrition and Physical Activity.

“I am much more cognizant of my need to walk and exercise each day,” Darby said. “In addition, it makes me aware of the fact that I definitely need eight hours of sleep per day to feel my best.”

The survey by ACSM, which is now in its eleventh year, was completed by more than 1,800 health and fitness professionals worldwide.

Some of the top 20 fitness trends for 2017 listed in ACSM's Health and Fitness Journal also include body weight training, high-intensity interval training, training from certified fitness professionals and strength training.
Students work to beat education obstacles

By Janella Blanchard
Guest Reporter

“Is college really worth it?” is a question some students and professionals may ask themselves as they strive to succeed in today’s society. According to a study done by Complete College America, the idea of graduating in four years with a bachelor’s degree is also in question.

According to the study, “Nationwide, only 50 of more than 580 public four-year institutions graduate a majority of their full-time students on time.”

Factors such as a switch in major, financial status, trouble at home and class credit can result in students at the University spending five, six or even seven years earning their bachelor’s degree.

Jacqueline Dunbar, a senior major in human development and family studies, said that she has spent seven years working towards her bachelor’s degree. She explained the main reason her time in undergrad exceeded four years was due to helping take care of her mother and working full-time to help support her mother.

Deante Shivers, a senior major in communications, also said family issues put a delay on his earning a degree in four years. He said spending five and a half years to earn his bachelor’s degree was not his plan, but life happens and he had to adjust to his situations.

“I only expected four years, but...life happens. I’ve been in debt, I was able to keep going. A lot of outside of school issues, but when you’re faced with adversity, your character is built on how you respond,” Shivers said.

Dunbar also said money was another factor in her delay.

“If you factor in the financial reasons, taking summer classes could hinder someone’s expense. You know taking out additional student loans to pay for that summer course or paying out of pocket, not a lot of students have that opportunity,” Dunbar said.

She explained if she had the additional money to pay for summer classes she would have probably earned her degree in four or four and a half years.

In addition to financial reasons, some students may fall behind their set graduation date due to lack of credits.

Shivers said he did not see the point of taking certain classes that were unrelated to his major such as biology. He went on to say that taking these unnecessary classes may keep students in college longer, along with an increase in student loan debt.

“We go to school to get a job, to get a job to pay for school,” Shivers said.

He also said in his experience some advisors tell students they need 12 credit hours to be full-time, but they don’t tell them in order to graduate on time it is best to take 15 credit hours per semester.

Furthermore, Dunbar said many majors have certain requirements that may prolong students from graduating on time as well. She explained her major requires students to have an internship and if they do not obtain one they cannot graduate, even if they have completed all of their necessary classes.

Nevertheless, there are students who obtain their degree in four years.

Faheemah Hughes, a senior accounting major, said the main reason she was able to earn her degree within four years was by utilizing her advisor to her full advantage. She said she visited her advisor every semester to make sure she was taking the right classes at the right time, which she feels many students do not.

Hughes said she believes students could possibly take four and half or five years to earn their degree because they may not meet with their advisor and end up taking the wrong classes or they may change their major, which could keep them off track from graduating on time as well.

“I think students have a certain perception. They don’t think past college and don’t understand college is a short amount of time, so they live in the moment without thinking about the money spent on college,” said Hughes.

With many factors that may result in students prolonging their graduation date, the question still remains: “Is college really worth it?”

“If you don’t have a college degree you’re kind of stuck in minimum wage jobs. Whereas, before in previous generations, it was easy to move up in rank without a degree. Now you hit a glass ceiling without a degree no matter how good you are, you will eventually be stopped. Some people may stereotype you if you don’t have a degree as ignorant, even though a degree is not equivalent to how smart you are,” Hughes said.

“No one wants to stay longer than four years, but things happen. Some people need to take time off, which was my situation, some people just want to cruise, it really depends on the person. You can try, but you can’t avoid life,” Shivers said.
Freshman transitions to college hockey

By Zane Miller
Sports Reporter

Alec Rauhauser is a freshman defenseman for the Falcons hockey team after playing junior hockey for his past three seasons.

“Playing junior hockey in Des Moines, Iowa, in the United States Hockey League,” Rauhauser said. “When I first met with (Assistant Coach) Barry (Schutte), he said he liked my game, and I told him to keep watching. It didn't work out my second year, but the next year, they still liked me, so that's how I got to come here.”

Rauhauser was sure from the time that the coaches first talked to him that he wanted to play at Bowling Green.

“I talked to a couple of other colleges, nothing too serious,” Rauhauser said. “I knew that I had a good opportunity if I came to Bowling Green.”

Rauhauser also said that, playing junior hockey and college hockey have their similarities, there are a few major differences.

“The biggest difference is the everyday process of getting better,” Rauhauser said. “Coming here, every practice is on the line to make the lineup, so we have to be good in practice and with the small details. It was tough to make the lineup and every game, there's so much on the line for conference play... it's important to get as many points on the weekend as you can.”

Rauhauser also said that it has been different going back to classes and taking tests after being out of school for three years.

“I took some classes online my third year of junior hockey, but it was nothing like this,” Rauhauser said. “I got used to going to classes pretty early, but Friday is a different schedule for me now because I have class when normally I would stay at my house or take a nap, but it's not that big of a transition.”

Rauhauser also said that he is working on not making small mistakes that could potentially result in chances for the other team, especially as a defenseman where control of the puck is key.

“Just making good passes, not turning the puck over and stuff like that is what I want to focus on,” Rauhauser said. “Making the hard plays, getting it out of the zone when you have to and just playing hard every shift.”

Rauhauser is majoring in business, which he feels will serve him well going forward in his career as a student.

“It's going good for me right now,” Rauhauser said. “I'm taking an accounting class, it's pretty much my only business class right now, but next semester I have some more scheduled so I think that's where I'm going to be leaning towards when I get older.”

Rauhauser was born and raised in Bismarck, North Dakota. He feels that it was a unique city to grow up in because of both the small town feel and the weather.

“It's cold in the winter, so there's a lot of snow,” Rauhauser said. “Bismarck isn't that big of a town, I guess, only about 60,000. It's kind of nice, you knew most of the kids in high school, so I liked living up there.”

Rauhauser also said that his teammates have been influential for him in getting more comfortable with the program.

“The older guys have been great,” Rauhauser said. “I'm playing on D partners with (Senior Captain) Sean Walker and playing with him out there, you feel really comfortable because, if you have a small mistake, he's usually there to help you out with it because he's been here for four years. He's been a good captain. A lot of guys, like juniors too, are helping out, even the sophomores, just teaching you to how to come and be ready to play every day.”

Rauhauser said that another big difference between junior and college hockey has been the constant rearranging of lineups and playing with new teammates from time to time.

“In junior hockey you know who's going to be in the lineup for the most part,” Rauhauser said. “But in college, it's a totally different story. There's kids that are battling every day in practice and it's so close with the skill of each player that it's kind of a toss-up if you're not working hard in practice, then you're not going to be playing on the weekends. So there's just a big emphasis on working hard during practice and trying to get better for the games on the weekends, and you'll feel more comfortable too, because you'll have more reps during practice.”
Football closes season with win streak

By Zane Miller
Sports Reporter

The Falcons football team finished their season with their third win in a row on Friday afternoon at home, defeating the Buffalo Bulls 27-19.

“We had our chances early in the ballgame to put this thing away,” Falcons head coach Mike Jinks said. “In the end, the defense stepped up in the second half. We gave up some plays late in the ballgame, and we’ve got to do a better job of that, but I’m happy about the win, excited for this group of seniors and this football team as a whole to go out the right way.”

The game began with the Falcons getting on the board first thanks to a touchdown run from senior running back Fred Coppet, with sophomore kicker Jake Suder getting the extra point to go ahead 7-0 in the first quarter’s only score. Buffalo was able to respond in the second quarter with a touchdown of their own. However, the extra point attempt was no good as the Falcons held a 7-6 lead. Coppet responded again, this time with a 52 yard touchdown run, giving the team a 14-6 advantage. Buffalo came back with just over a minute to go on a touchdown pass, but went for a two point conversion on an attempt to tie the game. It was no good, as the Falcons took a 14-12 lead into halftime.

The team manufactured the only scoring in the third quarter with two Suder field goals to go up 20-12, then scored again in early in the fourth on junior fullback Leonard Skattebo’s first collegiate touchdown rush. Buffalo again made it a one possession game on a touchdown pass with 5:58 to go and nearly took advantage of a turnover to score late in the game, but were held up inside the five yard line as the Falcons took the 27-19 victory.

“It is very satisfying (to finish with a win),” Jinks said. “I just feel good for the kids in that locker room right now, it was a tough ride, and I’m proud of our coaches for keeping this team together and those guys staying together.”

The team finished out the season with a 4-8 record overall, 3-5 in Mid-American Conference play.

“We need to sustain our level of play throughout the game,” Jinks said. “If we do that moving forward into the 2017 season, we’ll be tough to handle.”

The team has already been eliminated from playoff competition, so they will look to continue their winning streak in 2017.

Falcon bench shines in 90 - point win

By Aaron Parker
Sports Reporter

The University men’s basketball team eased to a victory Saturday night at home against the Morgan State Bears. The team won by their largest margin of the year thus far, outscoring the Bears by 32 points with a final score of 90-58. This is the third 90-point game the Falcons have had since head coach Michael Huger has been with the program.

“I’m happy with our guys and I’m happy with our performance. I felt that we sustained (play) for 40 minutes, and we are getting better,” said Huger. “All of these games are preparing us for MAC play.”

The win is the team’s second of the season and comes following a 78-77 nail-biter against Murray State.

The spark in this game came from a confident Bowling Green bench that scored 48 points in the game, which is the most they’ve scored all season. That group was led by freshman Dylan Frye and junior Matt Fox, who scored 15 and 18 points respectively. The pair both set career-highs in scoring in the outing.

Fox dealt with a mismatch for a majority of his 26 minutes and exploited it well. Giving up four inches to his opponent, Fox was able to spread the floor to hit shots. The 6’4” combo guard went 7-11 from the field and 4-7 from long range, which was one short of tying his career-high 5 from distance.

“Fox is Mr. Reliable,” said Huger. “He can go and play multiple positions for us. He came in and hit some big shots and defended well. I was more impressed with his defense than the 18 points he scored on offense. He did a tremendous job on the defensive end.”

Fox only recorded one steal and two defensive boards on the Morgan State end, but changed shots and forced bad passes on an offensive player much bigger than him. Fox has seen an increase in minutes this season and has been making the most of his time on the floor, catching the attention of the Falcon staff.

Fox was a walk-on on the team and was awarded for his efforts last week with an athletic scholarship on the team.

“I’ve been waiting for this feeling my whole life,” Fox said of the scholarship. “I’ve been working so hard for this. It feels good.”

Frye has also been making the most of his minutes as a Falcon freshman. The 6’2’ guard hit five of his six attempts and made three of his four shots from the three-point line.

“I just try to come off the bench and play with a lot of energy,” Frye said. “I just try to play my game.”

The team still has seven games until conference play begins. Their next match-up is against Notre Dame College on Tuesday. The game will be at the Stroh with tip-off scheduled at 7 pm.
Gender issues take center stage

By Claire Morrow
Reporter

For the Gender Awareness Days hosted by the LGBT Resource center, students were given the chance to participate in a special program called Trans*formations. Focused on encouraging conversation between faculty and students, this program centered around trans* and gender non-conforming issues in this community.

Graduate Assistant Jacqueline Adams helped put on this event in the Student Union on November 18th. The discussions in this event included, but were not limited to, gender neutral housing, pronoun policies and transphobia issues on campus.

According to the LGBT Resource Center’s facebook, the talks were targeted towards all students who wanted to learn more and to help make campus a safer space for gender non-conforming and trans* people.

Second year student Ace Truman was particularly interested in the event. Truman identifies as non-binary and uses they/them pronouns and said they were drawn to the discussions because of the opportunity to see how the University accommodates students within the LGBT+ community.

After attending three table discussions, Truman said that there was an emphasis on safe space training and how professors and faculty can help promote these spaces.

They mentioned the introduction of gender neutral spaces in the residence halls such as the restrooms and living spaces. Truman said they felt that, perhaps, there were some problems with the publicity of these spaces, but it was evident that our campus was making strides in the right direction.

Because of this seminar, Truman plans on becoming more involved in the LGBT+ community on campus. They said that if we all work together, the administration can better attend to issues and the community can make their voices heard.

Students were encouraged to explore their options on campus and ask questions in order to find opportunities that could positively benefit their education and help them to succeed at the University.

The LGBT+ Resource Center hosts various events to promote awareness and progress throughout the school year. Their website gives pointers on building safe spaces similar to those discussed at the Trans*formation roundtables and any students who are interested in learning more can visit their website or Facebook page.

THE BG NEWS SUDOKU

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SUDOKO
To play: Complete the grid so that every row, column and every 3 x 3 box contains the digits 1 to 9. There is no guessing or math involved. Just use logic to solve.
School administrators are considering making a significant change to the term calendar by shortening semesters by one week and adding a winter January term.

The University currently has a 16-week semester. However, some Ohio schools have only 15-week semesters and an additional term in January, often called J-term.

“There would be two significant changes,” Vice Provost for Academic Affairs John Fischer said. “One would be taking our 16-week semester and creating a 15-week semester…The second, by doing that, and then shifting the start time of the second semester a bit, you open up a window in the middle that allows for a J-term…approximately three weeks in length.”

A 15-week semester meets the requirements set by the state.

“If you look at what Miami (University) does right now that would be a good example of what the state requires,” Fischer said.

The appeal of creating a J-term at the University lies in the extra opportunities that would be afforded to students, including study abroad programs, internships and extra time to stay on track for graduation.

“The institutions who have J-terms right now are talking about how it provides opportunities for students to catch up if they struggled with something…and it actually improves the number of students moving on their way to graduation,” Fischer said.

If the new calendar is approved by the University administration, including the president and board of trustees, then students would experience their first J-term in January 2019. The decision will come soon, likely in December or January.

“Because of significant planning…we need a decision as soon as possible,” Assistant Vice President for Academic Operations Michelle Simmons said.

The University of Toledo is likely switching to a similar 15-week calendar with a J-term next school year.

“UT appears to be headed to this calendar next fall, they did a slightly quicker flip,” Fischer said.

The University is planning to wait longer to enact any calendar change to work out any kinks in the potential switch.

“We’re trying to be judicious about it,” Simmons said. “We’re also taking our cues from other institutions about how long it took.”

Miami University is the basic model of what the change would entail, but exact starting and ending dates are still up in the air.

The University also aims tosync its calendar with the University of Toledo and Owens Community College.

“Years ago, under different presidents, UT, Owens and BGSU academic calendars were in sync, which made it easier for academic programs that were offered at two schools…as well as for students who were enrolled at two schools concurrently,” Simmons said.

All nursing students and Master of Public Health students at the university attend courses at the University of Toledo, too.

“The hope is that we all end up on the same broad calendar,” Fischer said. “That would be a goal that both the president of UT and our president here have agreed to.”

Specific opportunities to be offered under this potential J-term have yet to be determined, but will focus on experiential learning and keeping students on-track for graduation.

Fischer and his counterparts have a goal of including an experiential learning component in every program offered, and the three-week J-term would help create a time for these components.

Course offerings are likely to include courses that students often struggle with or retake and online courses that can fit into a three-week time frame.

The University of Rhode Island also has a J-term and offers about 20 courses and experiential learning opportunities. Fischer would be happy with a similar offering in January 2019, he said.

There are several logistical obstacles that must be overcome to enact a new calendar.

“The office of Student Financial Aid and Scholarships, Registration and Records, the Bursar’s office and others are working together to determine what modifications would be required as well as how to communicate changes to the broader University community,” Simmons said.

Other challenges include housing, dining, faculty contracts and abiding by all state requirements.

According to the requirements found on Ohio.gov’s Department of Higher Education page, “One semester credit hour will be awarded for a minimum of 750 minutes of formalized instruction.” Therefore, students...
**Recycle continued from Page 5**

The increase in recycling benefits the University financially, and it may be the main reason for the University advocating its recycling program, Gomezdelcampo said.

“It’s all about money. The University saves money by recycling,” he said.

It’s not just the University that potentially saves money by recycling, either. Recycling has significant economic benefits going for it, even if it doesn’t make an impact with the environment.

In the U.S., recycling is a $2 billion industry, according to Recycle Across America. It creates jobs and saves materials, which enables companies to get the most out of their money.

However, if environmental change is what people are after, then recycling is not enough, Gomezdelcampo said. People have to make and promote changes themselves.

“Environmental issues come from the bottom-up,” he said.

Much of environmental progress occurs when consumers put pressure on the private sector and demand change.

**Academic Term continued from Page 10**

can expect course blocks to change if a J-term is implemented.

“We’ll do a draft that is seven years of a calendar, because seven year cycles tend to catch all the issues with the calendar, and it’ll be approximately two weeks,” Fischer said.

Students who do not enroll in any J-term offerings would have an extended winter break of about five weeks.

In the meantime, as administrators come to a final decision, students can look to other Universities that offer J-terms to better understand how a change could impact them, Simmons said.

It takes years to build a company’s reputation, but only hours to tear it down, Gomezdelcampo said. Because of this, with enough pressure, businesses are likely to adapt and comply with consumer expectations.

“We have tremendous power as consumers we don’t use,” he said. “There are boycotts (consumers use) when people think companies shouldn’t do (certain things).”

Also, Gomezdelcampo said to forget about hoping for the federal government to solve any environmental issues.

“A lot more happens at the state and local level,” Gomezdelcampo said.

Climate change is the biggest environmental threat to humans, he said, and because of the way it has been politicized, he doesn’t expect any significant changes to be made to improve the crisis.

“There’s no uncertainty (about climate change),” Gomezdelcampo said. “Scientists, we all know. It’s gloom and doom from now on.”
Boss Up continued from Page 2

the strong support from the Bowling Green community.

The support of this small black business in Bowling Green was evident by the amount of people who came to snap photos and videos of the photoshoot and proudly sported the attire.

“Our business has a positive impact on small black businesses because we are all black, educated men and with the experience we have in the business world at the ages of 22 and 23, we are doing well, business is expanding and we are still learning how to become better in the future,” Hunt said. “With the more sales we have and the increasing support in what we do, we can only go up the more sales we have and the increasing.

“We have a lot of community service events coming up that we take part in during the holidays,” Foulks said. “We are going to Flint on Black Friday to donate jugs and bottles of water and on December 3, we are going back to Detroit to do Meals on Wheels to be able to go back home and help out.”

With the business operating only through their website, the members of Boss Up discussed their hopes to have a store location in the future.

“That’s in the plan,” Bates said. “Us being college students, it’s kind hard to even run the business, so once we gain more capital and resources we might be able to open up stores in the inner-cities hopefully all over the United States.”

With everything from juggling a prospering business, classes, work and being a part of various organizations on campus such as Black Student Union, Black Intellectual Group, The National Pan-Hellenic Council and the ROTC program, their work of giving back to the community has not stopped.

A lot of the profit we make goes back to the business. We give away a lot of shirts so people can represent the line and that’s where the profit comes from, we make money off shirts by selling them to people who can afford them that still want to represent the business,” Bates said. 

With their website, the members of Boss Up discussed their hopes to have a store location in the future.

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