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VEGGIE TALES
University farmers’ market encourages healthy living choices and nutrition. | PAGE 2
Market brings healthy food to campus

Hannah Finnerty
City Editor

Tables in the Lenhart Grand Ballroom were covered with produce on Tuesday afternoon. Students had the opportunity to purchase red apples, pumpkins, heirloom tomatoes, cucumbers and others at the campus Health Fair and Farmers’ Market.

Sponsored by several University companies and organizations, including BGSU Dining and BGSU Wellness Connection, the event has been held for seven years. Every year sponsors and vendors express the importance of providing students with exposure to fresh produce.

Jianna Cox, a junior psychology major and BGSU Dining employee, said some students need encouragement to eat nutritious food and to make healthy living choices.

“Often as college students, we get caught up in the busy schedule and eat food that isn’t good for us,” Cox said.

She said the event supports healthy lifestyles, which is the encouragement that many students need, especially those students who are living on their own for the first time and cooking for themselves.

It’s hard to make healthy life choices when students don’t have direction on how to eat healthy, especially when ordering take-out or popping a pizza in the oven is much easier.

Dan O’Keefe, sales manager at Premier Produce One, the company that provides all the produce to the University, says the lack of exposure to fresh produce and healthy living choices is exactly why the farmers’ market is so important in a college setting.

O’Keefe raised his children to eat vegetables. However, he said not all people are not exposed to fresh produce growing up.

The event plays an important role in introducing students to produce.

“College is a place where you experience all kinds of new stuff,” he said. “You are starting to spread your own wings, and what a better place to be exposed to local produce and products.”

O’Keefe offered samples of heirloom tomatoes to students at the fair. He said many students had never eaten a tomato, and he encourages them to take the risk.

“I love the kids who say they don’t like tomatoes and are willing to play the game. After they try it, they go ‘gosh I want to hate

Continues on Page 3

Students attend the farmers market in the Ballroom for fresh fruits, veggies and more.

Vendors set up to sell produce and goods like raw honey, apples, and breads.
Pantry to benefit from Myles pizza

By Holly Shively
Editor-in-Chief

The last bite of Myles pizza has not yet been enjoyed. One Myles, half-baked, 12 inch meat lovers pizza sits in a freezer, sealed in Saran wrap, waiting for one lucky person to enjoy it.

That person will be the highest bidder when the pizza goes to online auction Friday.

Father Jason Kahle of Saint Thomas More University Parish said the pizza will be up for bids on www.donroseauctions.hibid.com from Friday at 10 a.m. to Monday, Oct. 17 at 7 p.m. The proceeds will be donated to the St. Vincent de Paul Food Pantry at St. Thomas More per the request of Chip and Bridgette Myles.

The Myles are parishioners of St. Toms, family friend Tim Evans said.

The decision to auction off the pizza to give back to the community came “after so many people from basically all over the United States coming to celebrate with Chip Myles and his family, and just the love and memories of that place,” Evans said.

With customers waiting up to eight hours in line for one last Myles pizza, Evans thought of auctioning off a pizza for the proceeds to be given to people who can’t afford pizza.

“I’ve seen [Chip] help the community so much through the years... Just giving and giving and giving,” Evans said.

St. Vincent de Paul Society President Mary Jane Fulcher said the food pantry has been in operation more than 20 years, but the services started long before.

“The pantry just developed slowly,” Fulcher said.

Around 40 years ago, started bringing food to the office just in case someone who was hungry showed up.

“The need got greater and we just decided we needed to more,” Fulcher said.

The St. Vincent de Paul Society started asking for food donations from and eventually the pantry opened.

Now there are 15 St. Tom's parishioners working at the food pantry and eight are students. People from anywhere, with no limits on where one must live, can go to the pantry and collect two bags of food a month. The pantry is open every Tuesday and Thursday from 9 a.m. to 12 p.m. and 1 to 4 p.m.

In the past year, it has served 4,325 people in 1,577 households, and of those, 2,401 have been children.

While about three bushel baskets of food are donated by each weekend, the pantry also purchases truckloads of food from Toledo. There is an annual collection taken up during one St. Tom’s mass and random donations throughout the year. Proceeds from the church’s Spring Formal also often get donated.

PHOTO BY ISAIAH VAZQUEZ

One Myles pizza will be auctioned online next week with proceeds benefiting a local food pantry.

CITYBRIEF

Fire Department to hold open house

The Bowling Green Fire Division will be holding an open house Saturday from 10 a.m. to 2 p.m. at the Pearl Street Station in honor of Fire Prevention Month.

Both children and adults are welcome to attend at 10:00 Pearl Street.

“Too often, adults think that safety training only applies to children in school,” Fire Chief Tom Sanderson said in a press release. “Everyone needs to learn how to react in an emergency to keep their loved ones safe.”

During the open house, visitors will be able to tour the fire station, view fire and ambulance vehicles, talk with Bowling Green firefighters and watch several demonstrations on extinguishing, fire hoses and thermal imaging cameras.

According to the press release, this year’s fire prevention month theme is “Don’t Wait – Check the Date!” The theme is in respect to changing smoke alarms every 10 years and carbon monoxide alarms every five to seven years.

“The Bowling Green Fire Division reminds everyone of the importance of having working smoke alarms and CO detectors,” Chief Sanderson said. “Alarms should be changed monthly and the batteries should be changed in coordination with clock changes for daylight savings time.”

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it, but its really good,’’ he said.

Besides encouraging students to make healthy eating choices, the event also promotes supporting local businesses and purchasing local produce.

Premier Produce One is an advocate for buying local.

Whenever Premier Produce One can, it tries to buy local products, O’Keefe said.

He gestured to the produce on some of the tables, rattling off the origins of all the fruits and vegetables. Everything was from Northwest Ohio. The farthest location he mentioned was Cleveland.

It is the local produce Premier Produce One that attracted Senior Neuroscience Student Najae Bolden-Hall to the event.

“It’s good to see that we are supporting local farmers,” Bolden-Hall said. “I think it’s better for students living off-campus because they can get this produce cheaper than they could at Wal-Mart, which doesn’t give back to the community in the same way that buying local does.”

If interested in buying local produce, the Bowling Green farmers’ market takes place every Wednesday from 4 to 7 p.m. until Oct. 12. The market is located at 201 S. Main St.

PHOTO BY ISAIAH VAZQUEZ

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Dating is a different game

Dating has taken on a new meaning throughout the years. While a fancy, formal type date may have been the status quo in the '90s, anymore a “date” can range from napping together to eating crummy Chinese food and watching the newest Netflix movie.

Along with the format of dates, something else major has changed: the confidence to interact with a significant other before beginning to date.

In one of my favorite movies “We Bought a Zoo,” one of the main characters describes a concept I will never forget- 20 seconds of courage. The phrase signifies that when faced with a potentially embarrassing and nerve-wracking task, all it takes is 20 seconds of courage to face that task, and then it’s over. It can be easy to get lost in the daunting task of mustering up enough bravery to speak to that person and ask them out.

But what many people don’t realize is that it is okay to be confident. In our society today, confidence is perceived as cockiness. When a person holds their head high and freely expresses themselves, judgment is often quickly trailing behind. Our society promotes keeping your head down and sticking to the status quo, and terms like “hipster” may obtain a negative connotation.

In the “olden days,” the only way to ask someone on a date was to confront them and physically ask them. Now with the creation of social media and technology, we don’t have to confront the difficulty of face-to-face interaction. Anymore, a date or hang out is just a text or Snapchat away. While this may be convenient, there are also consequences to losing physical conversation.

Interacting on social media is killing chivalry. Yes, sometimes boys are raised right and use their manners and act appropriately. But, with the increased use of technology as a form of communication, it allows for chivalry to not be necessary when beginning relationships any longer. Instead of having to muster up the courage and charm one another into going on a date, we just type out a text and press send.

There is something to be said for putting aside the social media and formally asking someone on a date. While yes, it may seem like a difficult and daunting task it is most definitely worth it in the end.

As women, I much prefer a man who is confident than a man who hides behind his online profile.

But I am just one person! So to put this concept to the test I hit campus and asked 50 girls whether or not they would prefer to be asked on a date in person or over text. Not surprisingly, every single girl responded that they would rather be asked on a date in person. So while yes, it may seem nerve-wracking to have that face-to-face confrontation, the stats can’t lie! Women like a confident man, and asking her on a date in person seems like the way to go.

The next time you reach for your phone to grab a girl’s digits, try just asking her for coffee or food! 20 seconds of courage is all it takes, so make your seconds count.

Reply to Bailey at thenews@bgnews.com
Transferring and college choice

Choosing the college that fits you best can be difficult, and many young adults do not get it right on the first try. Thankfully, students can transfer schools.

Transferring can come with a whole onslaught of challenges. Personally, the biggest challenge of being a transfer student is the change in scenery. Moving from a small private college to a large public institution makes room for a lot of culture shock.

There were just over 1,000 students at my previous college: Alderson Broaddus University (ABU). That is about one-sixteenth the size of BGSU. The campus was small and easy to navigate as a freshman.

On the other hand, BGSU has a large campus that is akin to a small community. I first came onto the BGSU campus and was intimidated by the size. You could basically see every building at once on my last campus.

At BGSU, it always seems like there are events taking place. Comparatively, my old school usually had five or so events to choose from daily. During my first week on campus at BGSU, it seemed like there were 20 different events each day. There are not only more events, there is a wider variety as well (and way more free stuff).

Going to a larger public university also allows students to have more collaboration within their major. I was the only Journalism major in my class at my last school. Now I have more peers to compare my work to and learn from.

That being said, there are some things I miss about going to a small college. My classes were guaranteed to have at the very most 50 students in them. Also, you develop a deeper relationship with professors since they often teach more than one of your courses. At a small college, professors often take on more roles than what is normally expected at a larger institution. Many professors are also advisers and supervise sports or clubs.

You can basically recognize everyone on campus at a small school, which is both good and bad. People may have a higher chance of being in a class with their friends, but they also can’t avoid people they dislike very easily.

The increased comradery is what I will miss about my old school, but I know I am moving onto bigger things here at BGSU. I knew in my heart it was right to come back home for college: and with that I leave you with my favorite quote:

“Trust your instincts, and make judgments on what your heart tells you. The heart will not betray you.”
- David Gemmell, Fall of Kings

A summary of the VP debate

If throughout the past few days you have found yourself realizing that you accidentally missed the vice presidential debate Tuesday night, or maybe you just reeeaallly didn’t want to watch another debate full of people interrupting each other while a moderator painfully loses control of the children, I mean adults, that he or she is supposed to be in control of, who can blame you?

Well, my fellow Americans who I know are all going to go out and vote in November, I’m here to fill you in on everything that you missed and might want to know about the next possible vice presidents.

First things first, you missed a lot of two grown men speaking at the same time. At multiple points during the debate I had to remind myself that there was actually a moderator there who’s job it was to be able to prevent this from happening.

The GOP loved Republican VP ticket Mike Pence’s more polished and calm performance and many have claimed that as a whole he won the debate.

On the other side, throughout the debate Clinton’s partner Tim Kaine pressed Pence to defend Donald Trump’s past comments towards a variety of topics, making him much more on his toes and ready to attack than his competitor.

Kaine asked Pence constantly to defend Trump’s past sexist and racist remarks but Pence did an actually quite impressive job of avoiding addressing them, only breaking once when he moaned saying “you whipped out that Mexican thing again...” (referring to Trump’s racist quotes about Mexicans) which in turn created a #ThatMexicanThing on Twitter.

A little breakdown of the two -
Governor Mike Pence: The 57 year old was born in the state of Indiana and elected as governor in 2012. He has worked as a private attorney as well as serving in the House of Representatives for six terms. He’s been married for 31 years and has three adult children, one of whom serves as a Marine Corps officer.

Senator Tim Kaine: The 58 year old grew up in Kansas City and served as a city council member, Mayor of Richmond and was inaugurated as the 70th governor of Virginia in 2006. Married for 32 years, Kaine has three children.

While there were some controversial topics discussed - Donald Trump’s taxes, Miss Universe, Hillary’s emails - nothing groundbreaking or shocking occurred. So in the quickest possible way here’s a breakdown of the actual important issues that they seemed to breeze right through on Tuesday. On abortion and religion, both men are Christian while Pence is pro-life and Kaine is pro-choice. Pence and Trump claim they’ll cut taxes while Kaine and Clinton’s claim they’ll focus mainly on creating more jobs to build our economy.

Immigration was discussed, with Pence stating that they’ll make sure to deport illegal immigrants and Kaine stating that they’ll only give those illegal immigrants who are criminals attention.

As far as police and the recent shootings are concerned, the two argued and Pence defended Trump’s “stop and frisk” approach and said that “implicit bias” isn’t the issue that needs addressed. Kaine fought on the opposite side, saying that implicit bias is the very heart of the problem.

I guess what I should’ve said from the get-go is that you really didn’t miss much on Tuesday night.

Reply to Sarah at thenews@bgnews.com

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LETTERS TO THE EDITOR:
Letters are to be fewer than 300 words. They should be in response to current issues on campus or in the Bowling Green area.

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Wicks, Gavarone up for House seat

By Tom Rodgers
Reporter

Bowling Green business owners Kelly Wicks and Theresa Charters Gavarone are set to compete for the Ohio House of Representatives, District 3 seat.

Theresa Charters Gavarone is a Republican member of the Ohio House of Representatives, representing District 3. Charters was appointed to the chamber in July of this year following the resignation of Tim Brown, who left to become the president of the Toledo Metropolitan Area Council of Governments or TMACOG.

Kelly Wicks defeated Bowling Green Councilman Daniel Gordon in the contest for the Democratic Central Committee’s nomination.

Wicks was formally the president of the Bowling Green Downtown Business Association, and is the co-founder of the Black Swamp Arts Festival.

Both Wicks and Gavarone run family owned businesses in Bowling Green. Wicks and his wife Laura have been co-owners of Grounds for Thought, a coffeehouse downtown for 27 years. Gavarone and her husband Jim are co-owners of Mr. Spots, a restaurant also located downtown.

Wicks and Gavarone cite education as a key issue going into the election.

“It’s important to recognize that its the Republican legislature that has cut over $30 million from Bowling Green’s budget and millions more from higher education all over the state, while at the same time ballooning the state budget in the last six years by over $22 billion,” Wicks said. “We’ve seen the largest increase to the state budget ever. At the same time, higher education is continuing to see drastic cuts.”

Gavarone emphasized the importance of students graduating with as minimal debt as possible. She would like to continue the tuition freeze at the University.

“I want to make sure that we are supporting our schools and teachers and make sure they have the resources they need to provide a quality education to our students,” Gavarone said. “[BGSU], we’ve been under a tuition freeze under the current budget. I would like to continue the tuition freeze and work to make sure the University has additional support.

Both candidates also emphasized the importance of creating good jobs in Ohio.

“We want to make sure we have policies that are business friendly,” Gavarone said. “We want to encourage businesses to come to our area and thrive and grow.”

Wicks highlighted the importance of creating an economy that works for people of all socioeconomic statuses.

“I am running to help create jobs and be a strong leader for the county. Since this race began, we have knocked over 20,000 doors,” Wicks said. “Most people are working very hard, and at the end of the two-week period most people are treading water.”

Gavarone holds a bachelor’s degree in Business Administration from the University and a law degree from the University of Toledo.

She has been elected to Bowling Green City Council twice, in 2011 and again in 2013. On council, she was chair of the Public Lands and Buildings Committee and also served on the Finance and Ways and Means Committee as well as the Planning, Zoning, and Economic Development Committee.

“As an attorney for the past 22 years I have been able to work with people from all over the county. As a mother of three, an attorney and a business owner, as well as a member of council... I saw this as an opportunity to bring my background experience and work for the people of Wood County.”

Wicks has received the “I Love BG” Award from the Chamber of Commerce, a distinguished alumni award from Bowling Green Schools and the Community Award from the Wood County Democratic Party.

“I am running to use my three decades of experience in the private sector to move this economy forward, create good paying jobs, to be a strong voice for the people of wood county to restore a little balance to the one party rule we have here in Ohio,” he said.

The general election will be held on Nov. 8.
Falcons face MAC on the road

By Brandon Luthman
Sports Reporter

As Bowling Green State University prepares for the upcoming fall break, the volleyball team takes off for a weekend road trip against two MAC opponents. On Friday, the Falcons will play the Akron Zips, and they’ll play the Buffalo Bulls on Saturday.

The Falcons, who are currently 11-6 and 1-3 in conference play, are coming off their first conference win of the season this past Saturday against Kent State. The Falcons won 3-1 in that matchup, and looked like the impressive team they have been during non-conference portion of this season’s schedule.

Head Volleyball Coach, Danijela Tomic, made it apparent that the win relieves a lot of pressure the Falcons had trying to get their first conference win.

“I think the monkey is finally off our backs. I think this was more mental for our team, and we needed to win that second set...I told them at the end of the match that I’m very proud of them to bounce back this way, I told them before the match, ‘let’s see what we are made of.’ This is what good teams do. We are going to hit adversity, but let’s learn from that adversity and be better, and that’s what we did tonight. So, I am very proud of them,” she said.

Akron, who has looked dismal so far this season, is currently 5-11 and are on a four-game losing streak after losing the first four conference games of the season so far.

The Zips average 12.60 kills/set and 13.91 digs/set. Led by Head Volleyball Coach, Tom Hanna, the Zips are led by seniors Amanda Beddel and Breanna Mack. Beddel, outside hitter, averages 2.68 kills/set, while Mack averages 3.69 digs/set as a libero/defensive specialist.

Other key contributors for the Zips are Patence Brown and Madi Baer. Brown, a sophomore, averages 2.55 kills/set. Baer, also a sophomore, averages 2.16 kills/set.

After the Friday matchup with Akron, the Falcons will continue on the road, as they will face Buffalo the very next night. The Bulls, who are 2-15 with wins over Bucknell and Akron, are struggling this season and are currently 1-4 in MAC conference play.

The team averages 10.27 kills/set and 11.81 digs/set. The Bulls are led by sophomore outside hitter, Valisha Watkins who averages 2.23 kills/set.

The Falcons, who have been the surprise of the MAC conference this season, are looking to win two important games this weekend, as it will keep them in contention in the MAC rankings.

With Seniors Jelena Sjunic and Madeline Garda, the national leader in digs/set, leading the way for the Falcons, Bowling Green should be in good position to come out victorious from both matches this weekend.

Both matches will be available for listeners via Bowling Green Radio Sports Organization.

After this weekend, the Falcons will head back on the road the following weekend for a Michigan road trip. On October 14th, the Falcons will then travel to Central Michigan and then to Eastern Michigan on October 15th.

Upcoming

THURSDAY, OCT. 6

Womens Soccer:
Vs. Eastern Michigan | 7pm

FRIDAY, OCT. 7

Mens Soccer:
Vs. West Virginia | 7pm

Hockey:
Vs. Bemidji State | 8pm

Volleyball:
Vs. Akron | 7pm

Womens Swim:
Vs. Dennis Stark Relays | 5pm

Womens Tennis:
Vs. Purdue | All Day
Falcons hockey opens regular season

By Zane Miller
Sports Reporter

The Falcons hockey team will play in their first regular season series this season on the road against the Bemidji State Beavers on Friday and Saturday night.

The team faced Bemidji State in the first round of the Western Collegiate Hockey Association playoffs last season, winning the series two games to one. However, the team doesn’t feel like that gives them an added advantage going into this series.

“They know how we play too,” Falcons head coach Chris Bergeron said. “It’s just a familiarity with them, a rivalry with them. I’ve known the coach for a long time. Bemidji State is a team that’s really good, so I think the fact that we’ve seen them a bunch over the last three years, then you include a playoff series that goes three games last year, there’s going to be no surprises.”

However, both teams have most of the players returning from last years’ teams, which adds to the familiarity and rivalry between them.

“Both teams have freshmen on their team,” Bergeron said. “But the core of their group and the core of our group is going to be similar to last year, those are the guys we’re going to rely on just like those are the guys they’re going to rely on.”

The team is also looking to strengthen their relationship as team early on in the season by making the most of the long road trip to Minnesota.

“It’s not a bad thing to go on a long trip with a team that’s early in their season trying to build that team-family mentality,” Bergeron said. “By the nature of the trip, there’s going to be a lot of time spent together.”

The team is also looking to focus on the Bemidji State offense and goaltending throughout the series.

“The two areas that stand out to me are their potential for offense based on players they have returning and (goalie) Michael Bitzer... and I’m not saying that they can’t defend,” Bergeron said. “To score on Michael Bitzer, it means we’re going to have to put a bunch of pucks and people at the net and we’re going to have to do it by committee.”

With the regular season about to begin, the team is also looking forward to the opportunity to get off to a good start against a very talented team.

“We know that it gets real here,” Bergeron said. “We know we’re playing a tough opponent on the road in their home opener, so that’s lots of opportunity for guys to show some experience, show some poise that we’ve been in this situation before and hopefully execute at a high level.”
Student start-up focused on customers

By Kevin Bean
Reporter

Set to graduate from the University next May, DeAnte Shivers has more on his plate than a communications degree.

Along with dealing with the pressures of graduating, Shivers mother, Sharon, passed away in March.

"After mom passed, things got real hard on my family, mentally and financially. It was hard, not having my mom around physically anymore," he said.

Realizing he did not have that physical support, Shivers knew he had to find a way to make it through.

#TriggaMeals became just that.

Shivers owns and operates #TriggaMeals. Based on Twitter page @TriggaMeals, the business serves both everyday menu items and a daily special.

The everyday menu items include: chicken or steak fried rice; chicken or shrimp Alfredo; corn beef and Swiss or steak and cheese egg rolls; Triggawings; and a variety of sliders. The specials can be anything Shivers feels like making, though he will also take suggestions.

"People will drive down from Toledo to pick up a meal. I even had a couple people drive up from Columbus," Shivers said. "I thought it would be successful, and everything to gain," Shivers said.

He started with $47 dollars. He bought the necessities: chicken; steak; rice; plastic ware; and plates.

July 26 was the official start date of his new business, and his menu was modest at best. Only offering chicken or steak fried rice.

Shivers recalled starting at 1 p.m. and received non-stop calls till 11 p.m. By night's end over 20 customers were served.

Shivers credits the success to the positive reviews posted on Twitter.

"Customer satisfaction is my biggest concern. Without the customers, #TriggaMeals would not be where it is today," Shivers said.

Shivers takes his marketing seriously. He works for absolute honesty about the food he cooks for people.

"Just be honest with me, if it wasn't up to liking, let me know. I don't want to continue to do the same thing if it does not work," he said.

Of all the things that fight against Shivers, time is by far the strongest opponent.

There are days when he is working on three simultaneous orders with 10 more being called in. He tells the customers that he is the only one working, so it could take some time before the food is ready. Some days he just closes.

The real concerns are his academic workload and the promise he made to his mother.

"I am a student first. No matter how good business is, I am still a student," he said.

At the end of his first business day Shivers picked up the phone and dialed his mother out of a mixture of habit and excitement. It did not take long for reality to set back in. He hung up and dialed his dad instead.

When it all seems overwhelming Shivers thinks of his mother. What would she do? How would she handle the workload?

Sometimes it is enough just to remember his mother's words: “It's gonna be okay.”

Shivers talks about his mom as though she “is,” not “was,” and follows her life values

He held a raffle to benefit the family of a friend that passed in July. Four people won meals for a day, while the grand prize winner received meals for a week.

"I wanted to do my part because I know if the shoe was on the other foot, my friend would do the same for me," he said.

Shivers wants to honor his mother with his business.

"At the end of the day, in the future, I want #TriggaMeals to turn into Sharon's Kitchen," he said.

Shivers is in the process of posting a menu on Twitter as well as having print copies made.

Ordering from #TriggaMeals happens through two channels. Customers can either leave a direct message through Twitter, or call 567-213-9484.

Food is deliverable to campus, but the business is not limited to campus students.
Howard’s changes with new management

By Tom Rodgers
Pulse Reporter

Howard’s Club H is one of the most history rich buildings in Bowling Green. Founded in 1928, the club has survived for 88 years.

Howard’s got its start as a speakeasy during the Prohibition Era. When Prohibition ended, the store began openly selling alcohol to Bowling Green residents. Howard’s Club H has since served Bowling Green with local musicians and talent from across the country.

Howard’s came into new ownership earlier this year. Steve Feehan and Tony Zmarzly purchased the club in hopes of continuing Howard’s musical reputation.

“We didn’t want to see it go away,” said Zmarzly. “There was a possibility if we didn’t purchase it there might not be any more Howard’s. With the history it had, we didn’t want to see it disappear from town. That was the driving force of really wanting to get a hold of it”.

Former owner, Jim Gavarone had run Howard’s for over a decade. He and the new owners agreed that keeping Howard’s alive was important for the community.

“I had known Tony for a few years and knew he would be a perfect partner and that just flipped the switch for me when Tony was interested,” said Feehan.

“The price was right and the timing was right.”

Howard’s prides itself for being one of the only music venues in town. The club attracts talent from all around, including Michael Katon, blues rock guitarist and vocalist. Katon has played at Howard’s several times in the last decade.

Howard wants to remain a place for live music in the area.

“We want to keep it as a place for musicians and live music,” said Zmarzly. “Howard’s is more of a local wide music venue with a bar in it. Not the other way around, not a bar with a stage.”

Ted Truman has been a bartender at Howard’s for nearly six years.

“I’ve been coming here since the mid ‘90s. I play in bands and we play here quite a bit. Howard’s has always been kind of a home to me,” said Truman. “When there was an opportunity to work here I was really excited.”

One of the major changes to the venue is the addition of a new outdoor patio. The building is also receiving general maintenance, but overall, Zmarzly and Feehan want to keep the original feel of Howard’s.

iPhone 7 improves local cellphone market

By Emily Gielink
Pulse Reporter

The iPhone 7 was recently released and has become something that almost all students can talk about. Since college students are the target audience for new technology, there has been talk all around campus pertaining to the target audience for new technology, there has been a huge impact for local cell service providers such as AT&T and Sprint.

“Can I call my mom and ask?” is the main question that AT&T sales representative Kyle Wilkerson receives when he is talking to students about the new phone.

The iPhone 7 is also available as a 7 plus, which is about $769. This phone has two cameras and is bigger in size compared to the 7. There are also new color options for both the iPhone 7 and the 7 plus: black and jet-black.

Despite the price and the new features, the iPhone 7 is selling very well among college students in Bowling Green and is also creating a huge impact for local cell service providers such as AT&T and Sprint.
What fun festivities to attend this fall

By Bay Edwards
Pulse Reporter

It’s here; it’s finally here. Persephone has been reunited with Hades in the underworld, the Pagans have begun their harvest, the leaves have begun to change color and Halloweentown is back on TV. Yes, friends, it’s everybody’s favorite time of the year again: Fall.

There is no better time of year to go out and indulge yourself in candy, pie, apples and Mother Nature than fall. Here, I’ll give you a few recommendations on the essential fun things to do this autumn.

Ingest apple products.

I know it’s unfortunate that we’re all stuck in Ohio and not Michigan (the apple capital of the Midwest) but that shouldn’t stop you from going out to one of the many apple orchards in our area. A popular spot that many people go to is MacQueen’s Orchard’s in Holland, OH just a mere twenty minutes north of our beloved Bowling Green.

MacQueen’s grows 16 different varieties of apples and you can go out and pick your own! After a long day of walking around an orchard, relax and drink some of their delicious cider. Just always remember the rule of cider - “If it’s clear and yella, you’ve got juice their fella. If it’s tangy and brown, you’re in cider town.”

Go outside.

Fall is when Mother Nature puts on her best show. There is nothing better than going outside into the crisp autumn air and looking down the street and seeing an explosion of red, yellow and orange leaves sit gently on the trees. Put on your favorite sweater and take a walk outside. It doesn’t have to be down a winding path in the forest (although that is the best) it can be down the block or just a stroll across campus.

If you feel like taking a trip, Hocking Hills in Southern Ohio is magnificent this time of the year and the Toledo metro area has tons of great parks to walk around. Oak Openings and Wildwood are two of the best.

Whatever you do, where you go, just get outside and enjoy the splendor of fall colors. The Midwest is arguably the best place to be in the fall. Go out and enjoy it.

Watch Halloween Movies.

Just because it’s Halloween time, doesn’t mean you HAVE to watch scary movies. Re-watch some of the childhood classics like. It’s The Great Pumpkin, Charlie Brown, The Nightmare Before Christmas, The Legend of Sleepy Hollow or Halloweentown. Nothing is better than cuddling up in a blanket after trekking around outside than getting drenched in sweet, sweet nostalgia. Or, go ahead and watch some scary movies.

Grab your loved one, snuggle up and get ready to get the heck scared out of you watching some of these Halloween Classics: The Shining, The Babadook or Trick ‘r Treat.

Become a pumpkin.

We’re lucky we attend school here at BGSU where orange clothing is so popular because Orange is the official color of fall. So, go put on your favorite orange garment, bake some pumpkin pies, buy some Halloween candy and indulge. Gorge yourself silly and eat everything. Fatten yourself like a pumpkin and enjoy it, dangit. This is the best time of the year and you should eat like it’s the best time of the year.
The growth of the University was discussed at the second Faculty Senate meeting Tuesday afternoon.

The Washington Journal revealed that the University is tied for the number one spot for public institutions in the nation that have a challenging nature and an atmosphere where students can apply critical thinking to real world problems.

The cost of tuition was presented at the meeting. The University has had frozen tuition for the past three years. There has been growth in enrollment and students are more academically prepared. The faculty would like to keep education at a high standard and cost effective.

Also discussed in the meeting was the memorial resolution for former professor at the University, Bartley A. Brennan, who died this past May. Associate Professor Christopher Rump shared a brief biography about the life of the late professor of the University.

“Brennan was hired by BGSU in 1974 as an assistant professor of legal studies and in his time here (he) taught numerous 300 and 400 level undergraduate courses throughout his tenure...and retired from the University in 1997,” Rump said.

His wife of 26 years will be given an official transcript of the Faculty Senate minutes signed by the secretary. It will be sent along with condolences to the surviving members of the Brennan family.

A panel made up of past chair members ranging from 2007 to present day discussed what it takes to become an effective senator.

One member on the panel, Geology Professor James Evans, shared his concerns about the structure of Faculty Senate meetings.

“We (are communicating) in the least effective way in the 21st century. We create a permanent record on audio tape, then someone has to transcribe it with great effort, to turn it into an electronic record,” Evans said. “There is a corrosive effect on Faculty Senate. We sit (here) for two hours without knowledge on the information given to us. There really is no clear path on how to go forward in using (the information) given to us.”

Evans shared a solution to changing the way Faculty Senate operates. Evans would like to have the informational parts of the meeting sent electronically and use the meetings as a time to problem solve about the issues currently being discussed in the Senate meetings.

“We should turn all of what we do at these meetings into electronic data that is sent to us once a month and have an electronic ‘Q&A’ sessions. We should be using this time instead to be engaging in problem solving.”

Colleague Neocles Leontis disagreed with Evan’s proposal.

“Faculty Senate is not viewed that way by the administration board for decision making,” Leontis said. “(These meetings) are the only time where faculty has a chance to ask questions directly to the leaders to ask them hard questions about what is going on.”
Safe spaces offer resources

Amber Jones
Reporter

Providing safe spaces for students has been the essential part of inclusivity at the University.

Safe spaces are a place where a person can fully express themselves without feeling uncomfortable or unsafe on account of sexual orientation, biological sex, gender identity, cultural background, race/ethnicity, religious affiliation and physical or mental ability.

“The concept of safe space is important for marginalized groups, even though it is important to acknowledge that safe space cannot always be guaranteed.” Dr. Krishna Han, assistant director of Multicultural Affairs said.

Safe Space is a place where rules guard a person self-respect and dignity. These safe spaces strongly encourage everyone to respect others, but when physical space is not definite, it is important to have a psychological safe space as well.

“So whenever we talk about safe space and creating a safe space for students on campus, of course we want to have it physically safe, but equally important we are also talking about psychological safety as well,” Dr. Han said.

Psychological safety, is when the student feels that they belong at the University and knows that they are safe and welcomed to be who they are in the space they are in. The physical spaces would be, for instance, the LGBT Resource Center or the Ethnic Student Center on campus. These spaces allow students to find resources and have a place to go when they feel like they don’t have a space. These spaces allow students to connect with other students who share similar experiences.

“Each year we have a multitude of training for different levels of our staff including an “Embracing Diversity” training for all new employees and continuing education for all our managers and department heads,” Jon Zachrich, Senior Marketing Manager for BGSU’s dining services said.

Along with having the LGBT Resource Center and the Ethnic Student Center as physical spaces for students, another important aspect of providing safe spaces are the continuous trainings that students, faculty and staff accomplish in order to enhance their learning about inclusivity and psychological safe space.

“Enhancing safe space requires collective effort and the more people talk about this the better. We need to work together, and collaborate” Dr. Han said. He continued “Besides providing previous diversity training, the Office of Multicultural Affairs and the Center for Leadership have been collaborating to create educational materials and programs to contribute to this effort such as the ISTAND Advocacy Training and Inclusive Leadership Certificate Program. Both were created to enhance knowledge on multicultural interactions and practical skills for addressing micro aggressions, and to stand up and advocate for others who experience these micro aggressions.”

Safe Zone Training is also utilized at the University which promotes awareness of the LGBT* community and allyship building.

“All management staff completed BGSU’s Safe Zone Training as a concerted commitment to create an inclusive environment for our guests,” Zachrich said. “Including these trainings, we strive to open our doors each year to collaborate with student groups to help highlight amazing cultures and histories,” he said.

The University dining has Diversity & Inclusion monthly newsletter with topics varying by month including university events that the staff could attend if interested.

“We have so many students working for BGSU’s dining that it is important that we educate ourselves about inclusivity and accepting people for who they are, it is important that everyone feels welcomed” Amy Swanson, employee at BGSU dining said.
Church Directory

We invite you to worship with us and look forward to meeting you soon!

St. Aloysius Catholic Church

We’re on the corner of Summit & Clough St.
(419) 352-4195

WEEKEND MASSES
SAT: 5:30PM  SUN: 8, 10, and 12 NOON

St. Thomas More Catholic Church

419.352.7555
Located at 425 Thurston Avenue across from McDonald Hall

ST. THOMAS MORE
Catholic Church

Weekend Masses
Saturday 5 p.m.
Sunday 10 a.m.
5 p.m.
9 p.m.

St. Mark’s Lutheran Church

SERVICES
SATURDAY
5 p.m.
SUNDAY
8:30 a.m. and 11 a.m.
Find us on Orgsync

DNA
DISCOVER | NURTURE | ACT
315 South College, BG
419-353-9305
www.stmarksbg.org

ONE CHURCH
2 VENUES
www.H2OCHURCH.com

SUNDAYS
10:00AM: DOWNTOWN
252 S. MAIN ST
11:30AM: ON CAMPUS
UNION BALLROOM

active christians today
"They will be called oaks of righteousness, a planting of the Lord for the display of his splendor." Isaiah 61:3

WEDNESDAYS 8PM
PROUT CHAPEL
bg.actoday.org
419-352-6486

ACT CAMPUS HOUSE - 812 E WOOSTER ST
across wooster street from founders
bg@actoday.org
St. John’s Episcopal Church

OUR MISSION

“To serve Christ by nurturing and educating people in the faith, providing a spiritual home for our community and Bowling Green State University students through prayer, worship, and theological programs. To do so, we are committed to motivate parish members and students to reach out in active service to our community and world.”

WORSHIP

SUNDAYS AT 10 AM
Visiting Lutheran Minister three services a month.

FOCUS GROUP

WEDNESDAYS AT 8 PM
You have chosen BGSU for your academic journey.
We look forward to joining you on your spiritual journey.

“All Are Welcome”

“Small but Mighty” is how former Senior Warden Sharon Hupp describes St. John’s Episcopal Church, located at 1505 E. Wooster St., on the corner of Mercer and Wooster streets. It is still true, says current Senior Warden Pat Patton.

People of all denomination and backgrounds are welcome to worship at St. John’s, including those of no faith, she says. The church offers services based on the traditional English Anglican Church.

Worship is every Sunday at 10 a.m., with three services a month led by a visiting Lutheran minister, and the other service is led by lay worship leaders. Sunday school is held the first Sunday of the month, from 9:45-11 a.m., with a potluck following for everyone at church or Sunday school that day.

The church sponsors a Focus Group, which meets at 8 p.m. Wednesdays on campus, and is open to all people. Students meet outside of Starbucks in the Bowen-Thompson Student Union and go to a room to meet where any issue the group wants to discuss is fair game. The students who are present decide what to discuss. The current faculty advisor is Dr. Carol Heckman.

The church also has sponsored mission trips in past years to areas of need in the United States, usually in the Appalachian area, but they have also worked in Texas, Louisiana, and Washington, D.C., where they worked at the D.C. Area Food Pantry.

“All Are Welcome”
Go to: my.bgsu.edu
1. SELECT > student center
2. SELECT > enroll
3. SELECT > add

You can access everything that you need via the “Student Center” at the MyBGSU portal.

Questions?
Call the Registration HOTLINE: 419-372-4444
8 am - 5 pm | Monday - Friday

Bowling Green State University
Office of Registration and Records
110 Administration Building