

Spring 4-26-2021

Properly Unhinged: A Collection of Poems

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Repository Citation

Everett, Madison, "Properly Unhinged: A Collection of Poems" (2021). *Honors Projects*. 575.
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HNRS 4990

26 April 2021

Honors Project Abstract

This is a collection of poems that explores the identities I possess and am a part of. These identities include being half black and half white, clinically diagnosed with Bipolar Disorder, Obsessive-Compulsive Disorder and Generalize Anxiety Disorder, pansexual or bisexual or something altogether different (depending on the day), and cis gendered womanhood. I also explore what a poem is and what a poem is not, and how there is very little difference between the two. In a lot of ways, this is an exploration into myself and what it means to be within the world. What does it mean to be a person with my identity in a world that is trying so hard to make sure people with my identity are not heard? How does my poetry give me a voice? Am I saying what needs to be say? How can I be even louder? These are all questions explored in this collection.