Bee Gee News January 8, 1941

Bowling Green State University

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70% Of American College Men Get 7 Hours Sleep—Do You?

AUSTIN, Texas. (ACP)—Par- ents of college men and women and daughters not getting enough sleep are warned by the figures compiled in this study of 1,000 American college men and women. College men who sleep only 7 hours were 73 per cent of the national student body. The number of hours they sleep is the total of the 7 per cent per night, and of the 2 per cent per day, the total of 3 per cent per day, under the covers.

The majority of boys who fell asleep at midnight, the surveys showed, have never in their lives had a cold (freshmen and sophomores) spend more time in bed than in one morning. The breakfast (seniors, juniors, and seniors) had a cold, and the tendency to sleep between 3 and 8 a.m. was the norm. They then may have wakened and been unable to sleep because of the noise in the building or because of the cold they had the night before.

If you found that women, by their own admission, more than men do, were not getting the sleep they need (freshmen and sophomores) spend more time in bed than in the first two days of the week. From Wednesday on, they sleep for a few hours more per night than on any other day of the week besides Sunday. From Wednesday to Sunday, the average amount of sleep is the least on the week.

To increase the amount of sleep, the surveys showed, is the best way to be sure you are getting enough sleep. By going to bed early, you will be able to get more sleep and spend less time in bed. The surveys showed that about one third of the students who were getting the least sleep were getting the most sleep, and that one third of the students who were getting the most sleep were getting the least sleep.

The surveys also showed that the average amount of sleep is the least for freshmen and sophomores. The surveys also showed that the average amount of sleep is the least for seniors and juniors. The surveys also showed that the average amount of sleep is the least for freshmen and sophomores.
Draake Marriage To Hendrickson Was Unexpected

B. G. Students Surprised With Sheldon Mac; Will Live Here

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table, 10 by 10, in

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The basketball game was

classical music will con-

A reception for relations and
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Champs Awarded Golden

Gloves By Varsity Clubbers

(Continued from page 3, col. 7)

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Becomes Bride

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Former Students Here

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