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Practice Summary

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SUMMARY

Programming for the family is easier to achieve through providing activities for each family member rather than trying to integrate and understand the dynamics of the family interactions to produce specific outcomes. The nature of leisure programming for the family is going to have to become more dynamic, as has been illustrated, so that prescriptions can be written on an individual family basis through non-integrated, as well as integrated programming, to achieve maximum effectiveness. The nature of family programming may be more complex because it involves the interactions of a heterogeneous population. It may be the most difficult kind of programming because of the nature of the relationships and the fact that the individual cannot walk away from the relationship, no matter how painful the interactions. This is a very unique set of circumstances and the true nature of family programming takes on a different dimension when a professional has to prescribe a program to help overcome problems or recommend enrichment experiences. Leisure education and different leisuring skills will help improve the quality that can exist within the family. Workshops and educational programs involving leisuring and how to leisure in the family setting are going to be one of the primary programmatic thrusts in the future.