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Theory Summary

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SUMMARY

In today's society, leisure experiences within the family are becoming more important. The nature of the family is changing and it is going to take different types of approaches to meet this changing demand. Leisure education is going to be an essential element to enrich the family and provide the necessary nurturing that is needed to improve the quality of life. The model that emerges is one of having the necessary skills to aid families during their leisure interactions to improve the quality time that families have together. Quality can help break down time barriers, thus enhancing the overall importance of family relationships.