2022

FP-22-29 Cohabitation among Young Adults

Christopher A. Julian
Bowling Green State University, cjulian@bgsu.edu

Follow this and additional works at: https://scholarworks.bgsu.edu/ncfmr_family_profiles

Part of the Family, Life Course, and Society Commons

How does access to this work benefit you? Let us know!

Repository Citation
Julian, Christopher A., "FP-22-29 Cohabitation among Young Adults" (2022). National Center for Family and Marriage Research Family Profiles. 298.
https://scholarworks.bgsu.edu/ncfmr_family_profiles/298

This Report is brought to you for free and open access by the Sociology at ScholarWorks@BGSU. It has been accepted for inclusion in National Center for Family and Marriage Research Family Profiles by an authorized administrator of ScholarWorks@BGSU.
Family Profile No. 29, 2022

Cohabitation among Young Adults

Author: Christopher A. Julian

In 2019, 9.5 million household heads aged 18 to 29 were unmarried. Of these unmarried household heads, one in four (24.7%) or 2.3 million were cohabiting. Using the 2019 American Community Survey 1-year estimates, this Family Profile estimates the percentage of cohabitation among unmarried younger adults. This measure was calculated as the total number of household heads aged 18 to 29 that were cohabiting per 100 unmarried household heads aged 18 to 29 (we then multiplied by 100 to express this fraction as a percentage). We also examine the percentage of young adult cohabiters across all 50 states, and the percentage of unmarried young adults cohabiting by age and gender. This profile is a companion to our Prevalence of Cohabitation Among Older Adults profile (Julian, 2022).

The Trend in Young Adult Cohabitation

Figure 1 illustrates the percentage of unmarried young adults cohabiting in 2009, 2014, and 2019.

- Cohabitation has increased slightly among young adults. In 2009, the percentage cohabiting among young adults aged 18 to 29 was 22%, and the level rose to 24% in 2014, a 2% increase over the 5-year timespan. In 2019, the percentage had increased to 25%.
- The levels of cohabitation among unmarried young adults were four times higher than those observed among those unmarried adults age 50 and older (results shown in Julian, 2022).

Unmarried Young Adult Cohabiters by State

Figure 2 illustrates the percentage of unmarried young adults cohabiting by state.

- Mississippi experienced the lowest percentage of cohabiting unmarried young adults, 17%.
- In New Hampshire 43% of unmarried young adults were cohabiting, which was the highest level in the nation.
- Geographic variation in cohabitation is evident among unmarried young adults.
  - In the West (Oregon, Washington) and Northeast (Maine, Vermont, New Hampshire, Pennsylvania) regions, there was a noticeable cluster of states with relatively high levels of cohabiting young adults.
  - The South (Texas, Tennessee, Virginia, South Carolina, Georgia, Mississippi, & Alabama) is an area marked by relatively low shares of cohabiting young adults.
Unmarried Young Adults Cohabiting by Age Group

Figure 3 illustrates the percentage of unmarried young adults cohabiting by age group. Overall, the percentage cohabiting slightly increased with age.

- Among unmarried 18-19-year-olds, one in six (17%) were cohabiting.
- The levels of cohabitation were highest among those in their late twenties. One in four (26%) unmarried men and women between the ages of 25 and 29 were cohabiting.

Percentage of Unmarried Young Adults Cohabiting by Gender

Figure 4 illustrates the percentage of unmarried young adults cohabiting by their gender. In 2019, there was little gender difference in the percentage of cohabitation among young adult men (24%) and among young adult women (25%).

- In 2019 an estimated 4.5 million young adult men were unmarried. Of these unmarried men, 1.1 million were cohabiting (24%).
- Conversely, an estimated 4.9 million young adult women were unmarried, with an estimated 1.2 million cohabiting (25%).

In 2019, 9.5 million household heads aged 18 to 29 were unmarried. Of these unmarried household heads, one in four (24.7%) or 2.3 million were cohabiting.

Data Source:
U.S Census Bureau American Community Survey, 1-year estimates, 2019

References:

Suggested Citation:

This project is supported with assistance from Bowling Green State University. From 2007 to 2013, support was also provided by the U.S. Department of Health and Human Services, Office of the Assistant Secretary for Planning and Evaluation. The opinions and conclusions expressed herein are solely those of the author(s) and should not be construed as representing the opinions or policy of any agency of the state or federal government.