International Journal of Aquatic Research and Education

Volume 4 | Number 3

Article 3

8-1-2010

To the Editor

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Recommended Citation

Lambeck, Johan (2010) "To the Editor," *International Journal of Aquatic Research and Education*: Vol. 4: No. 3, Article 3.

DOI: <https://doi.org/10.25035/ijare.04.03.03>

Available at: <https://scholarworks.bgsu.edu/ijare/vol4/iss3/3>

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LETTER TO THE EDITOR

International Journal of Aquatic Research and Education, 2010, 4, 239-240
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To the Editor

It was a pleasure to see the article by S.J. Grosse about the Halliwick Method in the *International Journal of Aquatic Research and Education*, 2010, Issue 2 of Volume 4, 199-207. It is important that *IJARE* publishes about the foundations of Halliwick, because this article has been preceded by one in which Halliwick had been the topic of the WOTA-assessment (Tirosh et al., 2008).

As board member of the Halliwick Foundation (HF), responsible for quality control of Halliwick, I would like to remark on the use of terminology in the May article. HF has two member bodies: the International Halliwick Association, IHA (www.halliwick.org), and the International Halliwick Therapy Network: IHTN (www.halliwick.eu). Both have different aims, which has resulted in a slightly different sequence of the practical approach to swimming, the Ten-Point-Program. Terminology, however, is consistent in these bodies. See the respective websites. Tirosh used the Halliwick terminology as agreed in IHA and IHTN.

In official publications (including the constitutions), the word *concept* is used, rather than *method*. *Method* refers to a more static approach in the application of Halliwick, whereas *concept* shows the adaptability of Halliwick to, e.g., contemporary motor learning issues. This also is consistent with the development of, e.g., a method in allied health care: the NDT/Bobath method, which currently is also called *concept*. See <http://www.bobath.org.uk/BobathConceptToday.html>.

The founder of Halliwick, James McMillan, also mentioned Halliwick concept instead of Halliwick method at various occasions (Lambeck, 1990; McMillan, 1993).

Halliwick is known for its ten-point program, the actual systematic approach to teaching a client to move independently in water. McMillan wrote about the Ten Points as early as 1960. After his death in 1994, the Educational Committee of the International Halliwick Association proposed a change of terminology, used since about 1996. Former points like *vertical rotation* and *lateral rotation* were changed into *transversal rotation* and *longitudinal rotation* to be more consistent with anatomical textbooks. *Sagittal rotation* was added. These terms have become known since and are used in all publications about Halliwick worldwide.

I therefore would suggest the use a consistent terminology as agreed by official, Halliwick representing bodies.

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