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**Scapular Fracture in a Collegiate Football Player: A Case Report**

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**OBJECTIVE**
To present a case of nonsurgical treatment and rehabilitation of a scapular fracture in a National Collegiate Athletic Association Division I football athlete.

**BACKGROUND**
While running the football in a game, the athlete was being tackled by a defensive player and then hit on both sides by two other defensive players. On-the-field evaluation was not performed, with a sideline evaluation revealing significant shoulder weakness. Post-injury imaging reported a scapular fracture.

**DIFFERENTIAL DIAGNOSIS**
scapular fracture, posterior labral tear of the shoulder.

**TREATMENT**
The sports medicine team discussed surgical and nonsurgical options. A nonsurgical approach was used with immobilization and rehabilitation.

**UNIQUENESS**
Scapular fractures account for a less than 1% of all fractures and rarely occur in athletic events.1,2 Scapular fractures often occur in high trauma, blunt force injuries such as motor vehicle accidents or falling from significant heights.1-5

**CONCLUSIONS**
Proper non-surgical treatment of nondisplaced scapular fractures can result in good outcomes with no functional limitations. Athletes are able to return to play without compromising their health, safety, or performance.

**REFERENCES**

**KEY WORDS:** conversation treatment, upper extremity injuries, scapular fracture