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To the Editor

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To the Editor

Dear Editor,

The members of the International Halliwick Association (IHA) Education and Research Committee are very pleased that there is an article in the *International Journal of Aquatic Research and Education* 2010. (Issue 2 of Volume 4, 199-207) about Halliwick. We are, however, disappointed to see that in this article, the author, S.J. Grosse, is not using up-to-date terminology nor reflecting Halliwick's latest development.

The IHA, following its inception in 1994, agreed that the term "Halliwick Concept" would be used, rather than the "Halliwick Method" to indicate that Halliwick is a flexible approach that constantly develops rather than a rigid technique or a static practice.

In 2000, an updated Ten Point Programme was agreed upon by the IHA General Meeting. This updated version included an improved terminology to refer to rotations taking place in different planes in space. It also included a new rotation: the Sagittal Rotation (point 4 in the new Ten Point Programme). The acknowledgement of the control of sagittal rotations is to emphasize the importance of movement in a frontal plane, helping the swimmer to remain stable, for example, when in a vertical position in the water. Consequently, Simple Progression and Basic Swimming Movement are now combined in Point 10 to ensure it is still a programme constituted of ten points.

The IHA Education and Research Committee has written an article entitled, "The Halliwick Concept 2010," which is an up-to-date paper about Halliwick. This article can be found on the IHA website, www.halliwick.org and is illustrated by video clips. We would be very pleased if you would direct your readers to this article on the website or even better, print/publish this article in your journal.

Yours faithfully

Ann Gresswell

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International Halliwick Association

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