Bowling Green to be the first site for legal marijuana in Wood County

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PHOTO BY WILL ARNDT
Time management tips to organize student life

Procrastination leads to missed opportunity; success stems from planning and goal-setting

Stepha Poulin
Editor-in-Chief

Time management can help lessen the weight of responsibility that comes with being a young-adult student.

Most colleges recommend that students study at least two to three hours per week for each credit hour. But students may find it hard to study long enough due to other commitments.

A student taking 15 credit hours should study at least 30 hours a week outside of class; however, according to a survey conducted by HSBC Bank, students spend more time earning money than studying course material.

Sophomore Abby Kitcher, a full-time environmental science major and part-time employee, finds it hard to make time to study.

“I end up getting distracted as always,” Kitcher said.

Kitcher tried using a planner to better allocate her time, but that didn't work for her.

“It 100% gets worse at the end of the semester,” she said.

Whether a student works or not, it's important to consider how time management methods can promote a balance between school commitments and non-studious tasks.

Here's some tips on how to make use of time management methods in your daily life.

1. Make a to-do list.
Billy Gruber, a musician and substitute teacher, likes to make to-do lists and cross-off tasks as he completes work.

Rather than a mental note of each task, a list makes prioritizing daily goals easier.

“I enjoy being able to see all my tasks at hand,” Gruber said. “I don't necessarily have an order of attack, so if I feel like I can knock off a few small things or one big thing I can make that decision based on gut feelings at the moment.”

And crossing off each task provides a sense of accomplishment.

“Being able to cross off or delete the completed items gives me a sense of satisfaction,” Gruber said. “I can see the progress as I accomplish things which is a huge motivator.”

2. Set deadlines for yourself.

Everyone procrastinates at some point, and procrastination often hurts the quality of work and stresses out students.

While avoiding procrastination seems impossible at times, some people hack their brains into submitting to a deadline simply by setting a deadline.

Students can look for breaks in their schedule and find time to study or do errands. Then try to complete the same task during that block of time each week.

Ideally, this will form a habit of finishing specific tasks during that time — and before procrastination takes hold.

3. Use the pomodoro technique.

“Pomodoro” is the Italian word for “tomato.” But what do tomatoes have to do with time management? Well, tomatoes aren't really the core of this time management technique.

The technique received its seemingly unusual name from those classic tomato-shaped kitchen timers. Francesco Cirillo created the method in the late '80s. Since then, according to his website, more than 2 million people have used it to manage time in a more practical way.

Addie Rivero, a student at BGSU, uses the technique through the day, squaring away tasks such as assignments, classes, appointments and naps. She uses the method to plan her day in a bullet journal and color codes different categories.

Here's how the technique works.

Step 1: Decide on a task to complete
Step 2: Set a timer for 25 minutes
Step 3: Work on the task until the timer rings
Step 4: Take a short five-minute break

Those who have a large workload and want to use the pomodoro technique may want to repeat steps one through four. Once you've done that, move on to step five.

Step 5: Take a longer 25-minute break

4. Ask for help.

Sometimes ignorance gets in the way of completing a task in a timely manner. But what's worse, completely missing a due date or asking someone for help?

The latter usually proves more beneficial to success.

It doesn't matter who is asked for help as long as the person is knows what guidance to give. Even those who despise working in groups can make use of this tip; asking for help could be as simple as texting a friend.

Procrastination leads to missed opportunity; success stems from planning and goal-setting.
Eliminating gender roles

Mary Ross
Columnist

I was sitting in church with my family waiting for mass to start, this past Sunday when my mom leaned over and pointed to a family sitting in front of us. Upon looking at them, I saw the dad was doing the hair of his older daughter. When he finished up with her hair, he began styling the hair of his younger daughter. He did the hair of both of his daughters with his wife sitting next to him.

My mom thought it was a cute sight, mainly because it’s not a sight we see often. In fact, I think it’s the first time I’ve witnessed a dad doing his daughter’s hair. I know my dad never styled my hair or my sister’s hair.

However, it’s actions like these that begin to break down gender roles.

As someone who grew up in a conservative home and community, I didn’t really begin to think about gender roles until high school. But reflecting on my life, I noticed specific roles and responsibilities had been placed on me.

I was always asked to help prepare dinner, to set the table, to wash the dishes and other common household chores, but my brother never was. It wasn’t until I started making comments like, “Why isn’t he helping with chores?” and “Why does he get to keep playing video games?” that my mom began asking him to help along with me.

Still, the fact that I had to do household tasks while my brother was allowed to do what he wanted is something I still carry with me today. It is one of the reasons I have started pushing back on these gender roles within my own family and have started bringing up conversations about gender roles in hopes my family sees what the idea of gender roles perpetuates: that people can’t do or be what they want, but rather that they must follow the guidelines society has put in place for them.

Having these conversations with people in my life who are still living in the myth that there are specific roles for specific genders is the first step in getting them to see the faults in the concept of gender roles. More than that, I know I have to act on this belief system in order for it to influence others into seeing it too.

However, it can’t just be a one-person movement. Everyone has to do their part. The good news is there is no set of instructions on how to eliminate the idea of gender roles, so anyone can find the strategy that works best for them and go with it.

Whether it’s the dad who broke stereotypical gender roles and did his daughters’ hair, or it is someone like me who decided to have the hard conversations with people who believe in gender roles, or it’s someone from the whole mix in between, everyone has the power to make a difference in how the world views gender roles or (one day, hopefully) the lack thereof.
The Democrats’ perfect candidate
Who is the Democratic party’s best hope to take down Trump?

Brian Geyer
Columnist

With the current presidential administration, it's nearly hard to imagine what a decent president with humane manners might look like.

With every scandal that has come out against President Trump, no matter how outlandish or unprecedented, it seems as if politicians such as Lindsey Graham and Mitch McConnell, both Republican senators, had his back.

For example, even after Mitch McConnell, the majority leader in the Senate, said initially that he would not be backing the national emergency at the border, he eventually backed President Trump in the name of party unity. Of course, Mitch McConnell saw the cons of backing President Trump, with one of these cons being that the Democrats could eventually pass their own national emergency over an issue like climate change or gun control in the future.

Democrats, however, have a different approach to their party.

In comparison to the idea of backing everything the leader of the party has to say, it seems as if many Democrats have tried to become the party of moral issues, the #MeToo movement being one of these prime issues.

The allegations against Joe Biden have caused a slight divide in the politics that Democrats plan to proceed with. It seems as if Democrats are simply looking for a prime candidate for president as more and more Democrats either stay silent during the Biden-touching allegations or find their endorsement in another candidate. Let's note that Biden hasn't even officially announced his presidency.

Kamala Harris and Kirsten Gillibrand, two candidates who have officially announced their run for the presidency, have faced allegations of their own.

Kamala Harris has been accused of not being progressive enough in her stances towards the criminal justice system. One particular issue that stands out to me is the issue of transgender people in prison facilities. Harris, within legal briefings as her time as attorney general in California, openly opposed surgeries for trans women that were held in such facilities. Since then, she has embraced her mistakes and has publicly apologized.

Kirsten Gillibrand, on the other hand, has a past of being pro-gun and anti-immigrant, both positions that the average Democrat has a past of being pro-gun and anti-immigrant, both positions that the average Democrat has strong attitudes towards.

The conflict is clear. Democrats want a winner and Republicans are sure to stick behind their party leader. Who wouldn't? It makes logical sense for each party to continue on this path. This does not mean that I'm not worried about the Democrats' logic going into this campaign season.

Articles have already been floating around about how Pete Buttigieg isn't gay enough or whether or not candidates like Bernie Sanders and Elizabeth Warren are too far to the left end of the political spectrum. The truth is only time can tell on what conclusions can be made on these candidates. What we all need to remember is all politicians are sure to have mistakes, meaning that the best candidate should be picked out of policy and the ambition to improve the current situation the United States are in.
Finders Records prepares for upcoming Record Store Day

Sam Sharp
Reporter

Audiophiles and vinyl enthusiasts will celebrate and revel in music memorabilia at Finders Records for Record Store Day on Saturday.

The worldwide celebration focuses on independent record shops that specialize in selling physical records and CDs; Finders, marking their 12th year as an official dealer of RSD merchandise, kicks off their celebration at 10 a.m. this Saturday. Finders manager Laura Fredericks, anticipates RSD to be their best sales day all year.

Fredericks said they typically see customers that both exclusively come in on RSD and visit from surrounding states for specific RSD releases. Finders adheres to all RSD rules, including the “no holds or reservations on products” policy. While no concerts or actual partying will be involved, Fredericks said that the store’s atmosphere is fun and exciting.

“Pearl Jam is the ambassador this year, and they have an exclusive album recorded from their Easy Street studio,” Fredericks said.

Each year during RSD, the featured ambassador is expected to provide record stores with promotional materials and is encouraged to drive awareness toward the sale of vinyl records. Pearl Jam is a Grammy-award winning alternative rock band known for their dedicated fan base, often referred to as “the ten club.” Fredericks speculative that Pearl Jam’s exclusive release will be one of their top-selling items this year.

Besides the Pearl Jam release, Collins expects to sell out of Greta Van Fleet’s exclusive purple vinyl pressing and the new release of “The Crow” soundtrack. Classic artists like Bob Dylan, The Grateful Dead and The Allman Brothers are also guaranteed RSD hits due to their popularity and limited number of copies.

The huge demand for exclusive releases boosts the overall sale quantities. Finders begins receiving RSD shipments a month before the celebration. Alumni often come back to assist with RSD customer overflow and display restocks. Brian Collins has worked the past three RSDs and said the only lull in sales happens during dinnertime.

“I think surrounding businesses get extra business and a lot of other downtown businesses are always commenting on the line,” Collins said. “We definitely see an uptick of people getting coffee and lunch right next door at Flatlands.”

The staff limits the total capacity of customers inside the store to 15 because they do not want customers bumping into each other and overwhelming the staff. This year, WBGU-FM is planning to entertain customers waiting outside the shop with a remote broadcast.

“Next year’s general manager, Andrew Vogelpohl, is planning to set up on the sidewalk during the morning rush as long as the weather permits,” Maddy Grimm, WBGU-FM general manager, said.

For customers planning to purchase multiple items, it is recommended they wear or purchase a clothing item from Finders for a discount of 10% off their entire purchase. Collins suggests arriving 30 to 40 minutes prior to 10 a.m. to ensure a good spot in line and a better chance at snagging some of the exclusives.

Finders Records will be celebrating Record Store Day starting at 10 a.m. Saturday.
Tornado safety puzzles
on-campus residents

Abby Shifley
Campus Editor

March 17-23 was Ohio’s Spring Severe Weather Awareness week, but at least three students in the residence halls are unclear on where to go in the event of a tornado.

According to the Wood County Emergency Management Agency website, “Floodings, severe thunderstorms, high wind events, winter storms, and tornadoes are the most common severe weather events in Wood County.”

Lily Rosenberg, freshman public health major, lives in Founders Hall and said the basement would probably be the place she would go if there was a tornado warning.

“I live in Founders, and I think that if there was a tornado, we would probably go down to the basement, like at the lowest point of the basement,” Rosenberg said.

The basement in Founders has windows in the Honors Den, which is a large lounge area for students to study in. The wall of the den that faces one large hallway in the basement is also completely made of glass, which makes that part of the basement an unsafe area to go if there is severe weather and high winds.

When told this, Rosenberg responded, “I don’t think about that. With all the glass, that’s obviously not somewhere we could go, so I’m not actually sure where we would go. After thinking about going to the basement, I think the first floor, but also there I can’t think of a place where there isn’t windows.”

In Founders, there are “evacuation plans” on every floor in the residence hallways. These posters advise students to “Go to interior rooms, restrooms or halls on the lowest floor. Avoid halls that open to the outside in any direction. Stay away from windows” if there is a tornado.

Josh Lawrie, director of the Office of Residence Life, wrote in an email, “Our hall team is trained on severe weather during their training. The residence halls have an audio system that alert that building when the county system is activated. This alert is tested on the first Saturday of each month. This system provides directions to students during such an emergency. Our hall team assist in helping students respond to the situation.”

He also mentioned each hall had signs up that have information on what to do in severe weather, a weather radio at the front desk and emergency supply kits.

Fire drills happen frequently in residence halls, but tornado drills are rarer. The city of Bowling Green’s tornado sirens go off on the first Saturday of the month, according to the Wood County EMA’s website, but Founders is not required to perform any emergency drills during this time.

Sophomore Offenhauer resident Lauren Gregory had no clue where to go if there was a tornado but would rely on her instincts.

“I actually have absolutely no idea. Although my first reaction would be, like, I live on the second floor, which is the lowest floor you can live on, so I feel like I would just go into the hall and sit there because that seems relatively safe,” Gregory said.

Kaylee Staton, sophomore inclusive early childhood education major, lives in Offenhauer West and felt similar to Gregory.

“I have no idea. The first place I would probably think of going though would be the hallway, but since I live on the sixth floor, I don’t think I would be safe in that hallway,” Staton said.

Katie Brannan, freshmen inclusive early childhood education and resident of Falcon Heights, new how to stay safe during a tornado.

“I would listen to what the PA says and probably go to a hallway with no windows,” Brannan said.

The Tornado and Severe Weather page on BGSU’s website has some information on tornado emergencies, as well as a video about general tornado safety.

According to the website, a tornado watch means “all weather conditions are right for a tornado to develop” and a tornado warning means “a tornado has been sighted or appears to be imminent.”

The website also adds, “If the warning siren in the event of a tornado.

If you hear or smell leaking gas, do not
strike a match or lighter or turn on a light
switch; any size flame or spark could cause an
erlosion. Exit the area and call 911 to report
the leaking gas.”
BG NEWS

marijuana dispensaries in Wood County

Bowling Green trailblazing the way for medical

Sam Sharp
Reporter

Getting high on legal cannabis is no longer a pipe dream for Ohio residents if they have one of the 21 qualifying medical conditions.

Dispensaries and clinics are slowly opening their doors across the state as legal entities running them rush to satisfy state regulations. The city of Bowling Green will soon be the first and only site for a legal cannabis dispensary in Wood County.

“The name of the dispensary and our web properties will be ‘Soothe’ and right now we are in the hiring and training stage. However, we plan to open no later than April 15,” Soothe dispensary owner Mark Jacobs said.

The Soothe building is currently in the construction phase at 1155 N. Main St. Visitors may inquire about medicinal cannabis at the front desk in the lobby, but only state-approved patients and staff will be allowed to enter the dispensary portion of the building.

Ohio is a non-combustion cannabis state, which means dispensaries are only allowed to sell vaporizing oils, ointments, tinctures and consumables. Under the state law, all cannabis products are grown and processed in Ohio, where the department of commerce regulates them.

Jacobs hopes that the dispensary will bring in people from other parts of the state who do not have access to one. He is optimistic that his future customers will visit other Bowling Green businesses, and that the effect will positively contribute to local commerce.

Patients will be able to buy 90 days worth of cannabis medication. The prices may be more expensive compared to other legal states due to strict packaging and product regulations that are required by the state pharmacy board.

“Customers will need to either bring cash or use our automated teller machine to get cash out for their purchases,” Jacobs said. “At this time, most dispensaries will not have credit card technology installed on the premises.”

Jacobs stressed that Soothe will be well regulated and compliant with Ohio law at all times, due in part to staff members receiving training on a variety of different topics including patient care, cannabis education and state law procedures.

Interested persons will first need to obtain a spot on the state registry, along with a printable license of authentication. Omni Medical Services offers clinics in Toledo, Bowling Green and Sandusky that specialize in prescribing medicinal cannabis to patients.

Starting on March 2, Omni Medical Services will be operating one Saturday a month in Bowling Green for three to four hours, or more depending on demand, Omni Medical Services co-founder David Koyle said.

According to Koyle, a visit typically lasts no longer than 30 minutes and costs $250 for new visitors. Since legal cannabis licenses are valid for the length of one year, returning customers will be operating one Saturday a month in Bowling Green will be offered a discounted rate of $175.

“We try to educate our patients by encouraging them to keep a small journal of their cannabis consumption, so they can record what strain of cannabis and consumption form interacts best with their bodies,” Koyle said. “We also offer a cotton swab genetic test for a fee of $250, which will take the guess work out for patients and give them a better idea of what kind of cannabis is chemically compatible with their DNA.”

The presence of a clinic and a dispensary is on the radar for the Bowling Green City Police Department.

“Officers are attending classes regarding medical marijuana, some throughout the state and in Bowling Green through an outside agency,” Lt. Daniel Mancuso said. “Our officers are trained in detecting someone who is under the influence of drugs and alcohol, and we have had no discussions on monitoring legal cannabis thus far.”

Mancuso said that the department plans on recognizing when the drug use has “a criminal nature” and the Ohio Pharmacy Board will monitor future cannabis cases. He anticipates in the future that all officers will be required to attend mandatory training involving knowledge of legal cannabis.

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Bowling Green Convention and Visitors Bureau Executive Director Wendy Chambers and the city’s tourism department are working to set Bowling Green apart from other towns of the same name.

The Convention and Visitors Bureau recently launched two new brands: Think BG and “Oh, that Bowling Green.” These new brands are instrumental in what the city is trying to do to bring in more people. “Oh, that Bowling Green” will be about trying to differentiate Bowling Green, Ohio, from the other Bowling Greens. Think BG, however, is different from that.

“It’s really cool how it goes off of all the B and G words,” Chambers said. “Course, we’re very green. But things like brilliant and bold and those kinds of things, (are) the words very green. But things like brilliant and bold and G words,” Chambers said. “Course, we’re different from that.

Other than the new brands, the bureau is doing other things to try and bring more people to the city. The city has a wind farm that it used to be famous for. It allows people to take a tour of the facility, which not many places do. The city also has a few museums they can promote other events the city does, like the Black Swamp Arts Festival, tractor pull and sporting events.

“We also have been very popular with the mystery tour,” Chambers said. “Where they don’t know where they are going, and they’re surprised when they get here and they tour some things in Bowling Green, have lunch here, and they’re always readily surprised to see how great Bowling Green is. I haven’t had a tour group yet that wasn’t completely happy. They like to hear a little bit of the history about Bowling Green, why they’re here, so you try to make it interesting.”

Attractions aren’t the only focus. The bureau also sees the need for different restaurants and shops to have people stay for more than one thing.

“That’s what niche travelers like,” she said. “When I go somewhere, I’m not looking for the chain. I’m looking for the unusual and the unique.”

Chambers also talked about the hopes for doing the brands, attractions, shopping and sporting events.

As a community, you hope that a student comes to BGSU, decides to settle down here, be employed here, raise a family here, buy a home. That’s our hope that the students that come here want to do that,” she said.

Bowling Green has changed what they usually do by reaching out to a professional company to try and bring new people to the city; that takes all the attractions, shopping and sporting events.

Intra-mural fields, the BGSU Bombers, the sports arena, the Stroh center, are all being promoted.

The new brands took a year to make, and the brands were instrumental in what the city is trying to do to bring in more people. “Oh, that Bowling Green.” These new brands are instrumental in what the city is trying to do to bring in more people.

Chambers also talked about the hopes for doing the brands, attractions, shopping and sporting events.

New social media campaigns are underway to capture Bowling Green’s new image.
Virginia wins title in dramatic fashion

Parker Kern
Sports Reporter

The only times I got up from my couch Monday night were to use the bathroom and to grab an occasional snack. I was encapsulated by the final game of the 2019 NCAA Basketball season, which featured two elite teams vying for their first national title.

The Virginia Cavaliers marched into the title game in 2019, despite being ousted in the Round of 64 last year at hands of 16-seed UMBC. The Texas Tech Red Raiders rumbled to the National Championship Game this year after making the Elite Eight last year. Both teams came into U.S. Bank Stadium ready to cut down the nets, but only one team emerged as champion.

The game was very close in the first ten minutes and remained that way through the remainder of the first half. There was only a 3-point margin at halftime, which favored Virginia by a score of 32-29.

The second half is where Texas Tech grabbed the momentum, especially late in the game, where they used free throws and 3-pointers to eventually force a tie and head to overtime. Texas Tech was up 66-65 with 22.5 seconds remaining, as Red Raiders center

FalconsBaseball’s Jake Wilson chooses personal growth and education over Boston Red Sox

Zane Miller
Sports Reporter

Junior outfielder Jake Wilson is the only current Falcon baseball player so far to have been drafted by a Major League Baseball team, as he was picked by the Boston Red Sox. Wilson was drafted by the Red Sox in the 39th round, just before the start of the college baseball season in 2016.

At the time, however, Wilson was still playing at the high school level for the Nottawasaga Pines Timberwolves in Essa, Ontario, just under 10 miles outside of his hometown of New Lowell, Ontario.

“It was surreal,” Wilson said. “I was in disbelief, it was always a dream of mine to accomplish that goal and once I did I was baffled. It was just a great feeling to be with my family to get the news. Actually, my dad found out before I did because he saw it online and he told me. I didn’t believe him, but then later on, the Red Sox called to congratulate me and I was in disbelief, but it was a great feeling.”

However, Wilson decided to decline the offer and instead go to college and play for the Falcons, beginning with the 2017 season.

“It was hard since it was my ultimate goal to get drafted and play at the highest level I can,” Wilson said. “But I knew that the best choice for myself and for my family was to come to college and get an education, make memories and make friends that will last a lifetime.”

Wilson also said that he decided to go to Bowling Green because of the coaching staff as well as enjoying the college town experience.

“They took me on a visit and I thought (I wanted to come here) right when I set foot on campus,” Wilson said. “The coaches were great, my parents loved the college town part of it and I just fell in love. It was everything I could ask for from a Division 1 baseball program that I wanted to go to.”

Wilson’s family has also been involved in baseball for a long time, which inspired him to play baseball collegiately.

“My family’s a big baseball family,” Wilson said. “My little brother plays at Davenport University and both of my parents played growing up. We’re just a huge baseball family and I grew up in it and I fell in love as soon as I stepped foot on the baseball field.”

Going forward, however, Wilson is looking to put more of a focus on the mental aspect of the game.

“I just want to improve on focusing on control,” Wilson said. “I remember last year I’d get upset over stuff that I couldn’t control like getting a hit or a guy making a nice play on me, but I’ve just got to remember I’ve got to control what I can control and just worry about that. If you have a good attitude and stay positive, you’ll have a successful season.”

Wilson has had a solid start to his junior year, with five RBIs along with 15 runs, 28 hits and four walks in the 25 games played so far in this season, as well as maintaining a .272 batting average.

The Falcons’ next challenge will be on Friday, Saturday and Sunday at home against the Miami RedHawks, as the team looks to increase their six-game home winning streak.
Sports editor reviews mistakes, accuracies of previous Champions League predictions

Jacob Clary
Sports Editor

All the way back in late September, I predicted some of the teams that would make it to the end of the Champions League. This prediction article was written when the tournament was still in the group stages. The best teams in the world have largely stayed the same, but some of them have changed the ways in which they succeed in their league. I think it would be interesting to go back and see what kind of things I said back when this season of international soccer was in its infancy.

My frontrunner at the time was Barcelona. They have continued to be one of the best teams in the world since the article was written. They are one of the favorites to make it to the Champions League finals, as they currently are facing off against a battered Manchester United in the quarterfinals. Barcelona would then go up against either Liverpool or Porto in the semifinals, and I’d be hard pressed to bet against Lionel Messi and Barcelona.

“The team I always pick to win is Barcelona, just because they have one of, if not the best, soccer players in the world in Lionel Messi. Messi is still able to take over a game all by himself,” I said. “The whole Barcelona team is full of players who are amazing at their positions, and because of that, they have the possibility of winning every match at any point in the season.”

This quote is taken straight from the September article, but feels like it could have been written today. Nothing has changed with Barcelona. They are still my favorite to win the Champions League.

The next team I mentioned which I thought would go pretty far in the tournament was Real Madrid, and it was funny to see how wrong I was. Real Madrid has had an absolutely abyssmal season, for their standards of course. This isn’t just in the Champions League but in La Liga as well. Real Madrid lost in the round of 16 to Ajax Amsterdam, which was the first time they lost that early in the tournament since the 2009-10 Champions League. This season for Real Madrid was a failure in every sense of the word, as they didn’t win a single trophy and lost to Barcelona every time they faced them. Here’s what I said at the time.

“Real Madrid may be without Cristiano Ronaldo, but they are still a top-quality team,” I said. “They have one of the best midfielders in the world, with Luka Modri and Toni Kroos leading them to many victories.”

Looking back at this, I was completely wrong. Modric and Kroos had terrible seasons, especially Kroos. The midfield was one of the worst parts of the team as well. Not only has Real Madrid missed Ronaldo on the pitch in terms of goal-scoring, but also intimidation. Nobody feared this Real Madrid, and that couldn’t be said when Ronaldo was in Madrid.

Modric and Kroos had terrible seasons, especially Kroos. The midfield was one of the worst parts of the team as well. Not only has Real Madrid missed Ronaldo on the pitch in terms of goal-scoring, but also intimidation. Nobody feared this Real Madrid, and that couldn’t be said when Ronaldo was in Madrid.

In the article, I talked about how the offense wasn’t the only thing Liverpool was great at, which was different from the previous season. Liverpool’s defense is a strength as well, which is the reason they are doing so well in the Premier League and the Champions League. Alisson Becker and Virgil Van Dijk are two of the better players on the team, and they just got to Liverpool. They have the chance to continue if they don’t face off against Barcelona.

After these three teams, I talked about a couple of teams I thought might make it far, but I wasn’t too sure. The first of those teams was Juventus. Juventus almost didn’t make it out of the round of 16, but thanks to a Cristiano Ronaldo hat trick in the second leg against Atlético Madrid, they scraped by. Juventus are nothing without him, and if Ronaldo can’t score, Juventus won’t move on. In the article months ago, I thought Juventus would be able to survive without their new signing, so I was wrong about that.

The other team I had in this category was Paris Saint-Germain. PSG is one of the most talented teams in the world, with some of the best players in the world on the same team. However, a few weeks ago, PSG lost to Manchester United in the round of 16 thanks to a last-second penalty kick, and I don’t think anyone was surprised. This is because PSG just can’t seem to win in the big moments. They are a team that has consistently blown leads and first-leg wins. And, funny story, I mentioned something like that in my article from September.

“PSG did not show any heart or intensity in the match, and that showed when they ended up losing,” I said. “They are just missing a killer instinct that other teams have and that’s why they always seem to lose in the big matches.”

I seem like Nostradamus with this quote right here. I was right on the money with PSG and I don’t know if they will ever win the Champions League.

PSG did not show any heart or intensity in the match, and that showed when they ended up losing. They are just missing a killer instinct that other teams have and that’s why they always seem to lose in the big matches.

I was also correct a few times. I talked about another knock last month and City hasn’t done as well as I thought they would, as an exit in round 16 is too early for their standards.

The last team I talked about was Manchester City, which is the only one of final three teams I mentioned that is still in the tournament. They are the team to most likely win the Premier League, as they have a game in hand on Liverpool, but that doesn’t necessarily translate to Champions League success. Just the other day they lost 1-0 to Tottenham, who were without Harry Kane for some of the match. They still have a chance though due to there being two legs.

In the article, I talked about how Kevin De Bruyne was injured, but how the team was still talented enough to compete. That is still relevant now because De Bruyne took another knock last month and City hasn’t dropped a step.

Overall, I was off the mark a few times, but I was also correct a few times. I talked about eight teams in the article from September and four of those teams are still in the tournament. The soccer season is long and anything can happen. I’ll take being half right about teams I thought would make it this far in the tournament.
Sarah Bednarski, director of communications and university spokesperson at BGSU, said her goal is to tell the story of the university and help deliver its core message.

“To tell the story of our students, our faculty, our staff and our donors. Whether that be through creating a plan or strategy through a new program, or through a new building or whatever that may be,” Bednarski said.

Bednarski graduated from the BGSU in 2000 with a degree in journalism news print. “Up until my junior year of college, all I ever wanted to be was a newspaper reporter,” Bednarski said. “Then at the end of my junior year, I decided that I really like to write but I don’t want to be a newspaper reporter anymore.”

This decision led her to transition into a career in public relations, where she had her first internship in the field during her senior year at the Toledo News County Port Authority. She continued in this position, and shortly after, it became her first job after graduation.

“I kind of did everything at Toledo News County Port Authority where I was a jack of all trades, until I figured out where I wanted to go,” Bednarski said.

She traveled to a second job at Mercy Health, which she originally planned to be in for only three to five years until it unexpectedly turned into a 17-year career.

Bednarski first started out in internal communications at Mercy Health, then became a media relations coordinator, with the late years spent in executive communications. She carried on her role in senior leadership and presidential communications, where she was the spokesperson for the health system.

“It was a great career, I learned a lot and was able to hone in on what I like and what I am good at,” Bednarski revealed. “About a year ago, I found myself wondering if I should continue at Mercy or look somewhere else, and that was when this opportunity came up here at the university. I looked at it, talked with folks, and I knew that it was the next step in my career.”

“I am very proud and honored to have the team that we have. We have a very strong and diverse team that brings a lot of skill sets to the table, especially when executing a plan from start to finish.”

— Sarah Bednarski —

Director of Communications and University Spokesperson at BGSU

Bednarski is responsible for a communications and news team in the BGSU’s Office of Marketing and Communications. The team deals with internal and external communications as well as social media for the university. Their core messages focus on faculty, staff and students.

“We do community-wide messaging. If there is a message from the president or university-wide announcement, we are in charge of that. We are also in charge of the BGSU Magazine, which is the alumni magazine that comes out every year as well as Zoom News, which is geared towards faculty and staff. We do campus update every day and work to support anybody that does social media on behalf of the university.”

Bednarski explained. “We want to make sure we are aligned in the core messaging of the university.”

Bednarski said the most rewarding thing is seeing a concept or an idea that makes it all the way through the planning process to the execution.

“I am very proud and honored to have the team that we have. We have a very strong and diverse team that brings a lot of skill sets to the table, especially when executing a plan from start to finish,” Bednarski said.

However, working for the students that Bednarski said has the most emotional impact.

“I love being back here on the university and interacting with students. Walking around campus gives a different dynamic and breathes freshness into the reality of why we do what we do.”
Rec center offers free swimming lessons

In honor of April as Adult Learn-to-Swim Month, local Adult Learn to Swim instructors trained by U.S. Masters Swimming are offering a FREE introductory adult learn-to-swim hour-long session at the BGSU Student Recreation Center on Sunday, April 14, 11 a.m.-12 p.m. in the Andrews instructional pool.

The session is oriented for any adolescent or adult who would like to begin learning to swim OR who would like to improve their current water skills. It should be of interest to novice swimmers as well as those interested in participating in a triathlon.

Participants are asked to express their interest by emailing BGSCMasters@gmail.com before April 14 and arrive at the main entrance of the BGSU Student Recreation Center between 10:30-10:45 a.m with a swimsuit and towel. All participants will receive free swim caps and goggles. The BGSU Recreation and Wellness will admit non-members for $5 (half price normal daily admission) at the main entrance (off Ridge Street).

Questions? Email BGSCMasters@gmail.com.

PHOTO BY SIMEON SPIVEY

THE BG NEWS SUDOKU

SUDOKU
To play: Complete the grid so that every row, column and every 3 x 3 box contains the digits 1 to 9. There is no guessing or math involved. Just use logic to solve.

5 1 8 2 6 7 3 9 4
8 3 9 5 4 1 6 2 7
6 5 7 1 2 4 9 3 8
1 9 4 3 6 8 5 7 2
3 6 8 2 7 5 1 4 9
2 7 5 9 3 1 8 4 6
9 4 2 6 5 3 7 1 8
4 9 6 8 3 5 2 1 7
7 2 1 8 9 4 3 6 5

FALL 2019 REGISTRATION

April 8 | Graduate Students
April 9 | Seniors
April 11 | Juniors
April 16 | Sophomores
April 17 | Freshmen
April 19 | Open Registration

bgsu.edu/knowyourdate

BG News

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