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Bowling Green State University

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Bowling Green State University

Monday November 20, 2017

Volume 97, Issue 30

Holiday Spirit

**A tree lighting in downtown kicked off the
holiday season in Bowling Green. | PAGE 5**

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another failed
execution**

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Minnesota State**

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chronic pain on
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PHOTO BY SARAH NORTH



Student affairs guru preaches competency

By Adam Gretsinger

Copy Chief

Patrick Love, a new addition to the University's higher education and student affairs department, spoke Nov. 17 about the challenges facing student affairs workers and strategies to face them.

The executive in residence spoke in front of a crowd of students and staff members at the student union theater 10:30 that morning, covering problem-solving approaches in addition to explaining how certain skills in student affairs make work easier.

In an interview after the speech, Love said he was first attracted to jobs in student affairs when he found out they existed during his undergraduate studies at the State University of New York at Albany while working as a resident assistant in a dorm there. He would later earn a master's degree in counseling, psychology and student development to help him get such a job.

Love, who now holds a doctorate in higher education and student affairs, first asked those in attendance, "What are the core competencies in student affairs?" He posed the question as he brought up other credentials discussing issues of the field, saying he helped build a document in 2010 for the American College Personnel Association about competencies and later wrote a book about preparing oneself for applying for student affairs positions.

These credentials, skills included being able to accept situations, could be

approached by different people in wildly different ways, and that choices were not always answered by "either, or" questions. To illustrate this, he showed a picture of an animal that could be seen as either a duck or a rabbit, depending on a person's view, saying problems in student affairs could be equally decided by perspective.

He added, "Is (the problem) out there, or is it in here?" while pointing to his head to cap this point.

Other competencies included being able to shape one's future by "forecasting" it and thinking about projects in terms of design, especially ones that account for much failure. He said these skills needed great amounts of personal patience, as "It's fail, fail, fail, fail until you win," when working to make a project come to fruition.

One competency he talked about at length was that of "system thinking," or viewing human issues as results of operative bodies like forests or the body's digestive system. The advice he gave specifically for this competency was to employ something similar to the sailing method of "trim tabbing," using the power of the ocean to steer a ship instead of just the rudder to save energy. One real-life example he gave of trim tabbing was joining a subcommittee related to an issue of concern instead of merely talking to it to generate change.

Love also talked about the difference between simple, complicated and complex approaches to problem-solving during the

speech. He said that many people new to the field will attempt to make complex matters, in which other outcomes affect different outcomes and causes, and vice versa, into linear complicated or simple issues. He said such an attitude just makes addressing those issues more difficult.

Love said various issues in student affairs worried him, saying mental issues and anxiety and depression complications were ones he had to face with the greatest frequency. He added that building "inclusive, welcoming communities" was of great importance to him,

as he had recently seen influxes of concerns from international and minority students following political developments of the past year.

However, Love said he was still content with his position, as he appreciates his connections with students. He said "regularly working with students," was the most rewarding aspect of his job.

Though he only joined the University this semester, he said he considers the program for student affairs here to be one of the top five in the nation. "I feel privileged to be here at Bowling Green," he said.



Dr. Patrick Love is an executive in residence at BGSU and works with students studying student affairs and higher education.

PHOTO BY VIKTORIIA YUSHKOVA

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Ohio must review death penalty

Imagine waiting 30 minutes to die - in the meantime, you're being poked and prodded with needles in your arm for 30 minutes while a medical team tries to find a usable vein in your arm. Oh, and add in that you're terminally ill.

No person deserves this. Not even Alva Campbell, 69, who shot and killed 18-year-old Charles Dials on April 2, 1997, after carjacking Dials and driving around with him for several hours, according to court records. He was charged with aggravated murder, kidnapping and aggravated robbery.

I'm not going to humanize Campbell by telling you about his childhood; this man is no doubt an aggressive murderer who never deserves to see a world outside of prison walls again. But, given the fact that he has chronic obstructive pulmonary disorder as a result of smoking two packs of cigarettes a day for decades, why are we spending the money to execute him instead of leaving him to die of natural causes in prison?

I highly doubt the man will even make it to his new execution date in June 2019. After all, his attorneys argued beforehand that he was too ill for a lethal injection and needed a wedge pillow just to breathe on the execution table, according to the Associated Press.

The Dayton Daily News estimated in



Holly Shively
Student Director

2014 that about \$17 million a year is spent in Ohio alone relating to the death penalty. Many states have found in different studies that locking someone up for life is far cheaper than executing them after taxpayers pay for all the trials leading up to the death date.

This column is not about my views on the death penalty, however. It specifically regards policy in Ohio.

In 2011, Rommell Broom also left the execution chamber alive after 18 unsuccessful attempts over two hours to insert an IV. There have been others in Ohio with similar experiences.

Dennis McGuire's execution was the one in 2014 that put a halt to executions after he struggled, coughed and gasped for 26 minutes of death. The first execution in

more than three and a half years after the hold was in June.

The only other comparable example in modern U.S. history was when the electric chair didn't work during the execution of Willie Francis in Louisiana, allowing him to walk away from the execution chamber.

Clearly, this is an Ohio-specific problem. Yet, Governor John Kasich stated the day after the failed execution that Ohio doesn't need protocol change. The current protocol, which says lethal injection is the only option, also lays out meticulous procedure for the execution.

Campbell lost a bid to be executed by firing squad after a federal judge questioned whether lawmakers would enact the bill needed to allow the method.

Anti-death penalty groups are going to use this to challenge the constitutionality of the death penalty. To be honest, I'm not sure what policy change we need, but I do know that only 32 states have fully legalized execution, and we're one of the only developed countries to use it.

Regardless of what the change is, I think it's clear we need one. Not to mention, it's really immature of our governor to act like this dilemma isn't happening. Man up and encourage change, Kasich.

Trans awareness week 2017

Continuing to create a supportive community at the University

Nov. 13-17 was transgender awareness week, but we should continue to support the trans folks on campus after that.

Being transgender means to identify with a gender that is different than the one someone is assigned at birth. This includes a spectrum of identities and does not necessarily mean a person identifies as a man or a woman. Non-binary, genderqueer, agender and bigender are some of the other identities that fall under the trans gender umbrella.

The transgender community is one of the most vulnerable of the marginalized groups, and it is a community that has fought and won rights for gay, lesbian and bisexual people.

Trans people have a long and layered history, but many trans people were erased by time and history.

People who identify as trans have existed all throughout history and through many cultures.

Trans people helped build the queer rights movement. Marsha P. Johnson and Sylvia Rivera were two trans women of color who started the Stonewall Riots, a violent



Meredith Siegel
Columnist

clash with the police over consistent raids of gay bars.

Miss Major Griffin-Gracy was also at Stonewall and now works with trans people in prison, who are often put into solitary confinement for their "safety" because they are often assaulted by other prisoners.

But, while trans people helped build the queer community to what it is today, they are the least recognized group.

Of the reported LGBTQ+ murders in 2015, 67 percent were trans people, according to

GLAAD. However, according to the New York Times, trans people only make up one-sixth of the population as a whole.

46 percent of trans men and 41 percent of trans women have attempted suicide, according to the American Foundation for Suicide Prevention.

According to the Washington Post, trans people are unemployed at twice the rate of the general population.

Trans people are often kicked out of their homes because of lack of support from parents.

Trans people are extremely misunderstood and underrepresented. There is also very little trans representation in media and even fewer media outlets accurately portray them.

If you want to support trans people on campus you can donate to the Transgender Legal Defense and Education Fund, the Trevor Project or Trans Student Educational Resources.

Trans people are everywhere and they deserve love and support from their community, because they may not receive it at home or at work.

PEOPLE ON THE STREET

What are your plans for Thanksgiving?



"Going home to celebrate Thanksgiving with my family and friends."

ALLIE ROSE

Senior, Media and Communications



"Having Thanksgiving at my mom's and making food."

ALEX ELDER

Freshman, Accounting



"Visiting family in Cincinnati and studying."

SAVANNAH HINDE

Freshman, Communications



"Going home and spending time with family."

JORDAN MALSBARY

Sophomore, Business

Supreme Court Justice downplays sexual assault among politicians

Not only have legislators started causing major mistrust among constituents through sexual assault allegations, but now even our Ohio Supreme Court is showing divide, as justices criticized the comments made by one of their own Friday.

Ohio Supreme Court Justice William O'Neill took to Facebook to disclose to the public that in "the last fifty years, I was sexually intimate with approximately 50 very attractive females. It ranged from a gorgeous blonde who was my first true love, and we made passionate love in the hayloft of her parents' barn, and ended with a drop-dead gorgeous redhead from Cleveland."

O'Neill made the post at 11:33 a.m. Friday and edited it at 12:36 a.m., just after he was interviewed by the Columbus Dispatch, in which he deleted some of the identifying information about the women.

Having consensual sex with 50 women is one thing, but the Democratic candidate for governor didn't just make that point in his post. He said he wanted to save his opponents digging time on his past, expecting he was the media's next target as a candidate.

"Now that the dogs of war are calling for the head of Sen. Al Franken, I believe it is time to speak up on behalf of all heterosexual males," O'Neill's Facebook post read.

Franken was accused by a Los Angeles radio host for forcibly kissing and groping her while on a 2006 USO trip to Kuwait, Iraq and Afghanistan. There's even photo evidence of him grabbing the woman's breasts while she was asleep. That's not the same as having consensual sex.

According to the Columbus Dispatch, O'Neill also criticized the Washington Post's coverage of allegations that Roy Moore pursued and sexually assaulted teenagers 40 years ago.

"He's in the middle of a Senate campaign," O'Neill said.

Well, Justice O'Neill, I'm sorry that the #MeToo campaign started while Moore was in the middle of a political campaign. Clearly we



Holly Shively
Student Director

should wait until after he's elected to reveal his history of assaulting teenage girls as young as 14 years old, who by the way, absolutely cannot consent by law in the state of Ohio. But you know that because you're a highly-esteemed justice, don't you?

O'Neill said a focus on politicians' past sexual indiscretions takes away from bigger issues, as if men in authority groping teenagers and women in their sleep isn't a larger issue on its own. Do you as a judge, not believe in character? That the characters of these men aid in their decision-making about policies that affect constituents? That we shouldn't elect men, or women alike, with poor character because they show they'll make poor decisions?

Eventually, O'Neill deleted his post and took to Facebook once again to tell people to "lighten up." In an interview with the Associated Press, he said he didn't regret what he said.

Saturday, O'Neill said in an interview, "sometimes when you're right, you do have to stand alone. And I am right here," he posted Sunday morning saying he was wrong and would go to church to get right with God after getting right with his friends and family.

"I am sorry. I have damaged the national debate on the very real subject of sexual harassment, abuse and unfortunately, rape. It is not a laughing matter," he wrote before going off to the St. Joan of Arc Catholic Church in Chagrin Falls, where he teaches Sunday school.

This apology just doesn't cut it for me. What I sense is a man trying to save his political career, and who hasn't likely changed his mind at all.

I say to heck with this idea that the media shouldn't be investigating someone accused of sexual assault of any kind just because they're in the middle of a campaign. They could be waiting until just before the election to release the information. Our justice system should be exploring the allegations just as much as our journalists. Where the government fails, that's where journalism must fill in the gaps.

Remember that we are your watchdog, Mr. O'Neill, and oh, how we are watching you now.



Photo Provided

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Letters are to be fewer than 300 words. They should be in response to current issues on campus or in the Bowling Green area.

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Send submissions as an attachment to bgfalconmedia@gmail.com with the subject line marked "Letter to the Editor" or "Guest Column." All submissions are subject to review and editing for length and clarity before printing.

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Bowling Green State University
Bowling Green, Ohio 43403
Phone: (419) 372-6966
Email: thenews@bgnews.com
Website: www.bgfalconmedia.com
Advertising: 100A Kuhlin Center
Phone: (419) 372-2605

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PHOTO BY SARAH NORTH

HOLIDAY JUBILEE

Tree lighting sparks start of the holiday season

By Paul Garbarino
City Editor

Three University international students flipped the switch for the city's Christmas tree lights Thursday, dawning the holiday season and shining light on the city's diverse community.

"This year, we wanted to do something a little special," Mayor Richard Edwards spoke before a crowd of about one hundred Bowling Green residents. "This is international week at BGSU, and we want to honor those from other countries."

Hannah Lechner, from Austria; Crystal Lau from Hong Kong; and Caroline Flaesgarten, an American student who studied in Strasbourg, France, were recognized, and they helped decorate the tree.

Flags lined the top of the tree while other global decor and ornaments were placed to show representation of the 80 countries BGSU students hail from.

"The lighting of this tree is very heart-warming to me with all the international students represented," municipal administrator Lori Tretter said.

More photos on page 12

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Swift reinvents once again on “Reputation”

By Connor Evans
Reporter

When Taylor Swift broke onto the country music scene in 2006, it would be impossible to imagine the timeline that led to 2017 Taylor. The little girl we saw back then is far in the rear view mirror, but she still retains all the charm and charisma that so many people connected with. “Reputation” is her sixth full-length LP and sees another reinvention to the Taylor brand. Don’t worry, old fans, there is still so much to enjoy if you’ve been with Swift from the beginning. “Reputation” is just a more refined, consistent and engaging take on the Taylor Swift formula.

“Reputation” busts onto the scene with opener “...Ready for it,” which sets the tone for the first half of the record. It’s a sleazy, overproduced pop banger that engages and excites. This can be said about many of the louder tracks on the record. Songs like “Don’t Blame Me” and “I Did Something Bad” keep the energy high without compromising the alluring and introspective songwriting Swift is known for.

You’d expect these overblown tracks would compromise the songwriting but Swift’s current reinvention of herself opens new ave-

nues for storytelling from which she has previously strayed away. This is the first time that Swift tackles drinking, sexuality and partying with confidence on record. These themes aren’t anything new in the pop music scene, but when sung about with the cadence and perspective of Swift’s songwriting, it makes some of these tracks a treat to listen to. Don’t let this fool you, the touchstones of boy trouble and love are still more than prevalent throughout “Reputation,” but are handled with a more mature tone than on previous outings.

As the album hits the halfway point with single “Look What You Made Me Do” I was ready for a breather. “Look What You Made Me Do”, which is a track I didn’t enjoy as a single and sticks out like a sore thumb in the context

of the record, does nothing but help other tracks stand out. The hook on this track is extremely grating and dull, and when it’s surrounded by standout tunes, it sounds even worse.

Fortunately, “Reputation” finds its footing with a string of formidable slower tempo tracks that close out the album and let the old

Swift glimmer through. Tracks like “Dancing with Our Hands Tied” and “Getaway Car” are promptly delightful and easily high water marks in her career. It’s just impossible to hate these tracks, as the

production is warm and welcoming and the songwriting is wholesome and lively.

I mentioned earlier that “Reputation” is Taylor Swift’s most consistent record, but this is actually a double edged sword. Every track fits with the central theme of the record, which makes for a cohesive album experience, but also makes much of the track list sound



PHOTOS PROVIDED

Let’s make “The Sims” great again

By Stepha Poulin
Forum Editor

It’s hard for me to criticize a game that I’ve virtually grown up with, like the entire Sims franchise. Whether it’s the very first Sims City game or the vast open-world gameplay of the Sims 3, there is always something to love about playing sims.

But “The Sims 4 Cats and Dogs” is the latest of many disappointments produced as the most recent iteration of the life simulation game. Overall, “The Sims 4” has already challenged my love for sims. This expansion pack solidifies my criticisms for several reasons:

“If the pet’s aren’t playable characters, they’re basically just glorified objects or NPCs.”

1. You can’t control your pets – Maybe I shouldn’t want to play God so badly, but seriously. “The Sims” is a life simulation game. If the pets aren’t playable characters, they’re basically just glorified objects or NPCs. It makes the pets seem less personable, and it’s harder to simulate real-life pets.

2. There are no horses – In “The Sims 3 Pets,” I loved being able to gallop down the road on horseback while on my way to my job as a criminal. Sadly, those days are long gone. Cats and dogs are great, but there are many more dynamics added to a game just by including horses. I feel like my gameplay is limited by only own-

ing cats and dogs.

3. There are no “small critters” – Okay, seriously, though, in “The Sims 3 Pets,” you could adopt (non-playable) critters like lizards, rodents, snakes, turtles or even birds. In my opinion, this form of non-playable pet made sense and added tons of realism to gameplay. You could have fully customizable cats, dogs or horses and then add small

animals with easy care to your zoo. However, “The Sims 4 Cats and Dogs” really cheated us out of this experiencing by limiting the playability of the only pets available.

At this point, I only keep up with “The



very similar. Especially on the latter half, I often had to confirm that I didn’t have a song on repeat, as some of the songs sounded eerily similar.

“Every track fits with the central theme of the record”

The closer, “New Year’s Day”, is the only piano ballad on the album and sends the album off into the sunset. It is the closest we get to old Taylor Swift and is a reassuring note that the things you loved about Taylor Swift in 2006 are still present today.

I didn’t expect myself to enjoy this album as much as I did. I never considered myself to be a Taylor Swift fan, but I was pleasantly surprised to find such an exceptional album. The songwriting and production are top notch and fiery. She owns her new “bad girl” persona with confidence while elevating the aspects of her early career to new heights. Taylor isn’t reinventing the pop music industry, but she is carving herself out a commendable space that is all her own.

Score: 7/10

“...the hype is dying down each time a new expansion pack is released.”

Sims 4” for nostalgic reasons. It’s getting harder to pay full price for games that have continually disappointed me, and the hype is dying down each time a new expansion pack is released.

When I look back at previous games, there are features I find myself dying to have again. However, “The Sims 4” has consistently lacked features that actually made other “Sims” games enjoyable.

I wouldn’t recommend buying any of “The Sims 4” expansion packs or stuff packs at full price, especially “The Sims 4 Cats and Dogs.” Wait for a sale on Origin or Amazon.

After 7 hours of gameplay, I had basically explored the whole game – and I was \$40 poorer.

“Justice League” another terrible DC movie

By Jacob Clary
Pulse Editor

The newest entry in the DC Cinematic Universe, “Justice League,” should be a culmination of everything viewers have learned from watching the previous movies. However, it just feels like a movie has been cobbled together using characters none of us have ever seen on the screen, leaving it a boring mess of a film. Characters are uninteresting and don’t have personality due to having no setup for characters, excluding Wonder Woman and Superman. The story is disappointing as well, and feels like three different films in one. The whole movie feels like it could have been much better in every area, and it wasn’t very enjoyable to watch.

The main problem with “Justice League,” as well as the whole DC Cinematic Universe, is the characters. “Justice League” brings together a group of characters people don’t know about, and that’s a problem. It spends the first half of the movie setting up these characters, which I didn’t like at all. Instead of using separate movies to set up a character and their personality, the viewers learn about them for the first time in “Justice League.” Wonder Woman and Superman have had separate

films, but the other characters haven’t.

This problem is especially evident in Aquaman’s character, played by Jason Momoa. He has an argument with a character that I feel like I should already know in a city that feels important. I hate not knowing what is happening, and the DC movies are filled with this, but “Justice League” has this problem more than the others.

The Flash is one of the only redeemable parts of the movie, but he also has a problem. The characters joke about how he acquired his powers, and they all laugh. It didn’t make me laugh, though - it just made me angry because I didn’t know what they were talking about.

The story’s problems are directly affected by the character problems. Due to the need to setup four or five brand new characters, the first half of the film is all about learning these new characters. The movie is just under two hours, and one hour of that is developing at these characters.

This might have been good, but the way that it is done isn’t interesting, and makes the characters look worse than they actually end up being. This whole setup section leads right into the end of the movie, as there isn’t really a good middle area. “Justice League” goes straight from setup to final battle, and it is jarring to see this complete change in tone.

When it gets to the final battle, it feels like every other final battle in a comic book movie. Waves and waves of enemies the heroes easily defeat except for the bad guy. Something happens at the end of this battle, and then one character’s inclusion becomes the worst part of the movie. The battle is basically over when this character shows up, so I legitimately hate this single part in the movie. People who have seen the movie probably know what I’m talking about; it is terrible and makes the whole battle, and movie, feel trivial.



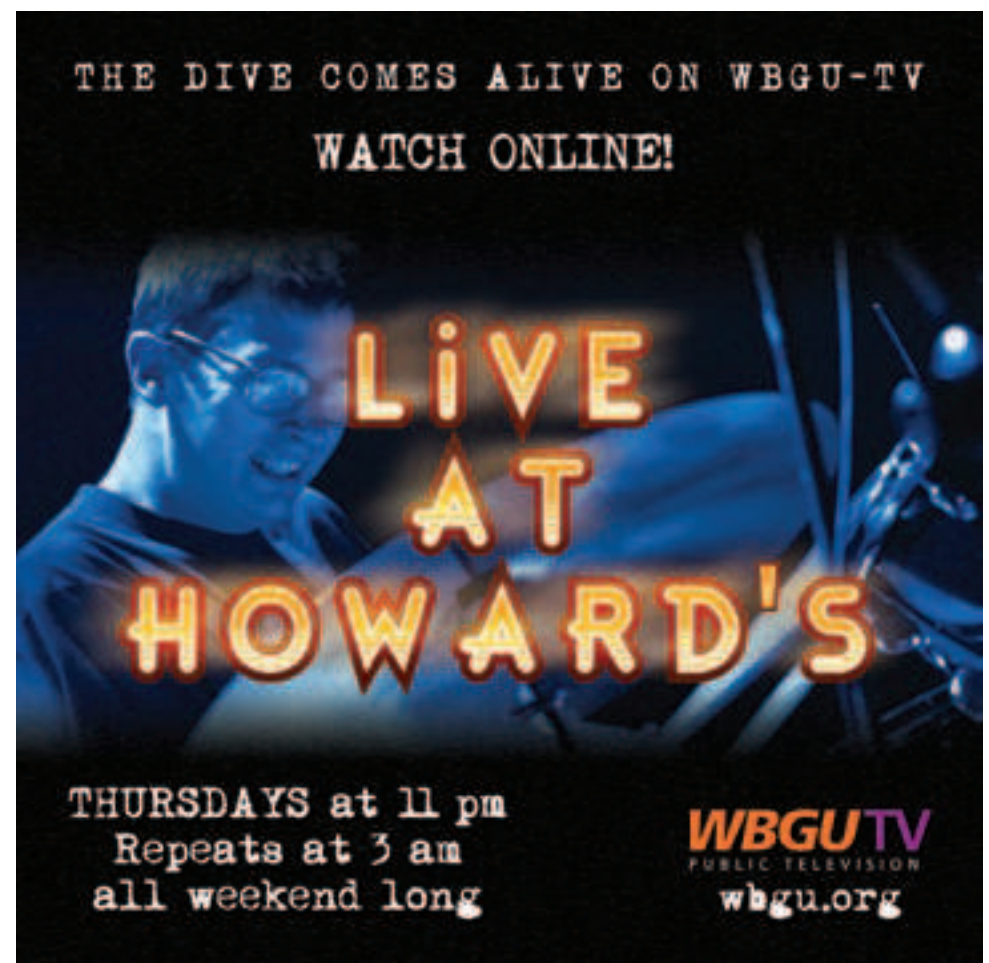
This movie does not sink as low as other DC movies like “Batman v Superman: Dawn of Justice” or “Suicide Squad.” It still has a couple redeemable qualities, such as The Flash, but it also isn’t good altogether. I disliked being talked to like I’m supposed to know what’s going on with characters sometimes, and then at other parts given loose background. I also hated the end fight and how it made me feel

about the rest of the battle. This is one of the better DC movies, but that isn’t saying much, or anything at all. It’s like saying it’s the cleanest garbage can. That’s how I feel about this movie.

Both Marvel and DC are trying to do the same things, with one succeeding and the other completely failing. I don’t think that it is difficult to see which is which.



PHOTOS PROVIDED



Mens basketball gets last-second shot

By Jamison Terbrack

Sports Reporter

With 0.9 seconds left, sophomore guard Dylan Frye raised up for a three pointer dagger that fell, sending a charge through the Stroh Center. The Falcons topped the incoming Florida Gulf Coast Eagles by a score of 83-80 on Saturday night.

"There wasn't any doubt that he was gonna shoot the ball," Falcons head coach Michael Huger said. "But going out I said hey, five seconds is eternity, it's a lot of time, take what they give you, and then we will go from there, and they gave him the three pointer, and he stopped and raised up at that three point line and it was good. Once I saw it leave his hands, I thought it was very good."

The opposing Florida Gulf Coast came into the tilt on a 10 game winning streak on the road and was a NCAA tournament team last season.

Frye was the hero in this one for the Falcons, but he did not shoulder the load on his own. Freshman guard Justin Turner turned in a stat line of 20 points, seven rebounds and four steals. Frye had 15 points, six rebounds and two assists.

"Once I saw it leave his hands, I thought it was very good."

-Michael Huger-
Falcons Head Coach

"We started to get stops," Huger said. "The biggest thing was their transition. We would get bad shots on one end and they were going down or turning the ball over, and they were able to score in transition, so we wanted to get them more in a half court game, but I guess 80 points is not a half court game but we did a good job of containing them and trying to take away the drive. They are a very good team, and hats off to my guys for doing a good job of defending those ones."

Junior forward Demajeo Wiggins put home 14 while grabbing seven boards, but it was his defense that got him noticed in this one for the Falcons.

"At halftime we talked about the seven (rebounds) we gave up at halftime, and Ricky Doyle did a good job of getting those rebounds and put backs and, you know, wanted to talk to the guys to focus, especially.

Demajeo did a great job in the second half of containing him and limiting his touches on the low block, you know, just being a force down there offensively and defensively by Demajeo. Hats off to Demajeo."

The Falcons next game is at the Stroh Center on Monday, Nov. 20 at 7 p.m. against Lake Erie College.



PHOTO BY NICO DOADES

The team dunks against Florida Gulf Coast.

Upcoming Games

Lake Erie College
November 20 | 7:00 PM

Creek Classic (A)
November 24 | 5:00 PM
November 25 | 2:00 PM
November 26 | 1:00 PM

San Jose State
November 29 | 7:00 PM

Northfolk State (A)
December 2 | 6:00 PM

Evansville
December 5 | 7:00 PM

BG hockey splits against Minnesota

By Zane Miller

Sports Editor

The Falcon hockey team split the series against the Minnesota State Mavericks on Friday and Saturday nights, winning 4-1 on Saturday, but losing 6-1 on Friday.

"Going into the weekend, you want to earn the split for sure," Falcons head coach Chris Bergeron said. "I was pretty happy with how we played, if we play that way in any game I'm happy with that, it's one of those things where you don't want to get too high or too low based on results, you want to focus on the way you're playing but as we're looking at the series right now I'm happy with the series."

Sophomore defenseman Alec Rauhauser scored two goals Saturday, both on the power play, to help the team to the victory.

"Where the most damage got done was on the power play," Bergeron said. "He's a

really good power play player, his shot improved from last year. He's really good at moving the puck, but tonight he was more of a shooter."

In Saturday's game, Minnesota State was able to jump out to lead on a power play goal late in the first period. However, the Falcons were able to respond as senior forward Mitch McLain put the Falcons ahead just 2:39 into the second period. Again, both teams went scoreless until Rauhauser took advantage of a five-on-three power play chance, giving the team their first lead of the game.

Early in the third, the Falcons took a two goal advantage with freshman forward Max Johnson capitalizing on another five-on-three power play chance. The team was able to hold until Rauhauser scored his second of the game on yet another five-on-three, with just 12 seconds remaining, to seal the 4-1 win.

"As the game went on, we created more

energy," Bergeron said. "Whether it was from our good penalty kill, we got a weird bounce for our first goal, so I think as the game went on we got more and more energy."

Friday's game, however, started with two Minnesota State goals in the first period to put the Falcons in a hole early. While the team was able to bring it back to within one in the second period, as junior forward Stephen Baylis scored on the power play, Minnesota State responded with two more power play goals of their own, as well as scoring an even strength tally to give themselves a 5-1 advantage. In the third, the Falcon's offense was unable to make a comeback. Minnesota State tacked on another goal early in the period to take the 6-1 win.

"From the Friday night game, not a whole was different," Bergeron said. "They took it to us, their special teams were a lot better than ours, we didn't have enough players engaged in the competition, and the

"If we play that way in any game, I'm happy with that."

-Chris Bergeron-
Falcons Head Coach



result is not very good."

The team will next play Friday and Saturday nights at home against the Miami RedHawks.

Football hotel stays key to victory

By Kaitlyn Fillhart

Social Media Editor

A common practice in Division I football is to have players and coaches stay in a hotel the night before a home football game. The Mid-American Conference is no different. Each school in the MAC division assures that the football team gets a good night's sleep, time with coaches and team bonding free from distractions at a hotel.

At the University, the football team is the only sport that stays the night at a hotel the night before a home game. This is true for every other school in the MAC aside from the Miami RedHawks, which allows its other sports teams the same privileges.

Executive director for the American Football Coaches Association, Todd Berry, says the reasoning behind putting football players in a hotel the night before a game has to do with the popularity of the sport over others and the campus atmosphere that can come the night before a home game.

"Every college campus is different, but usually the night before a home football game, campuses get more rambunctious," Berry said. "Coaches may decide to have their players in a hotel to eliminate the risk of their players getting into trouble."

Berry said when he coached at Army, he had his players in a hotel the night before because there were room inspections at 2 a.m. which affected the players' rest. At the University, there is concern about the players not getting rest by staying in their dorms.

"Dorm life can be exhausting," Jason Knavel, assistant athletics director for athletic communications said.

"It can get loud, there's always something going on. One of the reasons for getting away is to have a controlled environment where they (the players) can work and study as a team."

The team stays at the Hilton Garden Inn in Perrysburg, where they get a special rate through athletic department partnerships. They don't stay in Bowling Green because according to Knavel, there are limited hotels with the accommodations necessary to house a team with over 100 players, have rooms for them to meet in and can cater food.

Players enjoy their hotel stays. "I like staying in a hotel the night before because I get to sleep in a bigger bed that's more

"Coaches may decide to have their players in a hotel to eliminate the risk of their players getting into trouble."

-Todd Berry-

Executive Director for the American Football Coaches Association



Freshman running back Andrew Clair runs against Akron earlier this season.

PHOTO BY IAN CAMPBELL

comfortable. We go to the movies every time we're away, and it is pretty fun. We get food, everything," defensive end Antonio Sotolongo said.

Knavel declined to schedule interviews with athletes from other sports teams at the University to ask them about their thoughts on the football team being the only sport to get the opportunity to stay in a hotel the night before home games.

Neither Sotolongo nor James Morgan, quarterback for the football team had an opinion on the fairness between accommodations for sports teams.

"I can't really speak on it. I only know what us as football players have been doing, and it's beneficial for us," Morgan said.

Sotolongo isn't sure why other teams on campus are not afforded the same accommodations.

"Everyone else has their own way of doing things. Our way is to stay in a hotel. Hockey or soccer may have a sleepover at their house," he said.

Staying in a hotel may be the most beneficial for the football team to get together and relax the night before a game, but the benefits don't show in the team's record. Currently, the football team only has two wins on the season.

Some teams who don't get these accommodations have a better record on the season, like volleyball, which earned a MAC co-championship for the regular season for the first time since 1992, and men's cross country, which finished third overall in the MAC Conference Championship, their best finish since 1995.

"Our budget is 12th out of 12 in the MAC. We don't spend money around here. We don't have money to waste. If we're going to spend money on something, it's used to further core values of the University, which is to have athletic programs that provide school spirit and expand the brand of the University. If there was no value to it, we wouldn't spend money on it," Knavel said.

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Planet Fitness comes to Bowling Green

By April Leygraaf
Reporter

A new Planet Fitness location will be opening up in downtown Bowling Green on Tuesday, Nov. 21. A grand opening event will be taking place on Tuesday at 4 p.m.

"There will be a ribbon cutting with local officials, giveaways and new local members can join for \$1 down and \$10 a month through Nov. 16," Planet Fitness press agent Dominique Wiggins said. The new location is at 1135 S. Main St.

There are two types of memberships available at Planet Fitness. One is \$10 a month and the other is \$21.99 per month. The \$10 membership comes with the benefits of a T-shirt, unlimited access to your home Planet Fitness and unlimited fitness training. All members can also participate in Pizza Mondays and Bagel Tuesdays.

The \$21.99 membership, or Black Card membership, comes with all of the benefits of the cheaper membership, plus the use of all Planet Fitness locations, guest privileges, tanning, massage chairs and half price

cooler drinks. Some locations also allow hydromassage, haircuts and body enhancement for Black Card members. Other perks of the Black Card include 20 percent off all Reebok products and 25 percent off Australian Gold products on their website.

According to the Planet Fitness website, "It doesn't matter if your legs have never seen a squat machine before. We believe how you work out is totally up to you."

Planet Fitness promotes the Judgement Free Zone. This Judgement Free Zone idea allows members to feel comfortable working out, no matter their skill or experience level.

"There are people there of every size, shape and fitness level," said one member who gave a testimonial on their website.

Planet Fitness also offers a program called PE@PF where trainers show new members around the gym and teach them how to use certain equipment and help them with anything else they may need. These trainers can also give participants a fitness program to help them stay on track and reach their goals.

Along with the Judgement Free Zone,



The recently-opened Planet Fitness is located at 1135 S. Main St.

PHOTO BY VIKTORIIA YUSHKOVA

Planet Fitness also partners with Boys and Girls Club of America to inspire a "Judgement Free Generation." They do this by volunteering at Boys and Girls Clubs, hosting

programs on anti-bullying and pro-kindness and offering a Judgement Free Generation Scholarship program for exceptional Boys and Girls Club teen leaders.

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How chronic pain affects student life

By Meredith Siegel
Reporter

Chronic pain is something not often talked about by college students, but it is something many face and deal with, in classes, clubs and jobs.

“Chronic pain is a consistent pain that lasts for more than three months or six months, depending on the source,” Hares Akbary said, physician at the Wood County Hospital Pain Management clinic.

There, doctors take patients who are looking for help dealing with pain, usually after they consult other resources such as physical therapy or chiropractors and have had testing done at the emergency room, he said.

Akbary sees around 450 to 500 patients a month.

Jo Wilson, a junior psychology and women, gender and sexuality double major, experiences lower back chronic pain.

Wilson developed lower back pain almost two years ago when they fell down the stairs at a party.

“It’s kind of a funny story ... but ever since that, it’s been just awful. Like, if I sit down for too long it feels crampy and awful, if I stand up for too long it’s crampy and awful,” they said. “I know a lot of people, if I tell them ‘Here’s how my back is messed up,’ they’ll probably be like ‘That’s dumb, you fell the down stairs.’ And okay, but now I have a physical impact that’s probably going to be here for the rest of my life.”

Lower back pain is the most common kind of chronic pain Akbary sees. There are many other kinds of chronic pain people deal with, but Wilson is among the majority.

“Sometimes it’s like a dull ache, but sometimes it’s a really sharp pain,” Wilson said.

This can be solved by physical therapy or an epidural, and other kinds of common pain, like migraines, can be treated with Botox injections. Botox is also used for cosmetic purposes, but Akbary said it can be a “slam dunk” for those with chronic and debilitating migraines.

Chronic pain affects people physically, but it also takes a mental and emotional toll on a person.

“Chronic pain interferes greatly with a per-

son’s life. Obviously, it affects them physically but also emotionally, Akbary said, “around 60 to 80 percent of the patients I see have a mood disorder. This makes sense, because a person may not be getting the sleep that they need, they may have to miss school or work and end up fired. It’s a mental drain.”

Wilson deals with chronic pain on a day-to-day basis and it does affect their life, “not to a super debilitating point, but definitely to

“Chronic pain interferes greatly with a person’s life. Obviously, it affects them physically but also emotionally. Around 60 to 80 percent of the patients I see have a mood disorder.”

— Dr. Hares Akbary—
Physician
Wood County Hospital

a point where it’s (affecting) just trying to do things that normal student do. Like, if you had back to back classes. Sitting for that long can make you restless,” they said.

According to a 2006 survey from the



PHOTO PROVIDED

American Academy of Pain Management, 70 percent of people surveyed said they had trouble concentrating because of the pain. Also, 86 percent of people surveyed said they had trouble sleeping.

This has impacts on college student’s lives, from how they perform in classes to how

they socialize with friends.

“I think it can make it hard to focus sometimes. I’ve had classes where I’ve been really engaged in the subject and actually read for class, and it’ll be my third class in the day, and because I’ve been sitting so much I’m like ‘Oh my god, I’m in pain’ and I just want to go home,” Wilson said. “Even like sleeping, because that’s the same position all the time, and that’s not comfortable.”

However, there are ways to deal with chronic pain, even with back to back classes or desk jobs.

“Kind of what I try to do, personally, because I work at the library, so I try to figure out some things I can do at the desk, like sit down and relax in that way and also stand, and maybe shelve books or records or something, so I can have that kind of stretching out,” Wilson said. “But you can still do all the things you need to do to be a functioning adult.”

Chronic pain is an invisible condition, so people may not be as willing to offer services or be lenient.

Akbary told the story of a patient who was dealing with chronic pain, and her husband did not believe her. They had to go through marriage counseling because it affected their relationship so strongly.

“I think a lot of people, for the most part, try to be cooperative with it. I know most people are pretty lenient. I know I try to stretch or relax in class, especially in more discussion-based classes where we are having a normal conversation anyway. And, just given the majors I have, the professors are pretty lenient about working around different situations,” Wilson said.

Wilson does not utilize resources from Accessibility Services, but the resources there for students with conditions that may prevent them from taking classes in the same way as their peers.

Chronic pain can make aspects of student life hard, but there are ways to handle it. Students are able to utilize Accessibility Services and the pain clinic at the Wood

County Hospital.

“My hope is that the patient’s pain will be decreased,” said Akbary.

Wilson said they do not have plans to change their future goal, to be a clinical psychologist, but their back pain is something they have considered.

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Continued from page 2



Mayor Richard Edwards opened the night's festivities with a special address made for the University's international student body.



The Bowling Green High School Madrigals serenaded the crowd with holiday cheers just before the tree lighting and inside the library's atrium afterward.



The library is now garnished with holiday décor, bringing the seasonal spirit into the city's public spaces.



Residents revel in the city's seasonal embellishments. The tree was not the only light shining in the night as the library's archway was illuminated by Christmas lights.

PHOTOS BY SARAH NORTH

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To play: Complete the grid so that every row, column and every 3 x 3 box contains the digits 1 to 9. There is no guessing or math involved. Just use logic to solve

8	1	7						
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The Daily Crossword Fix

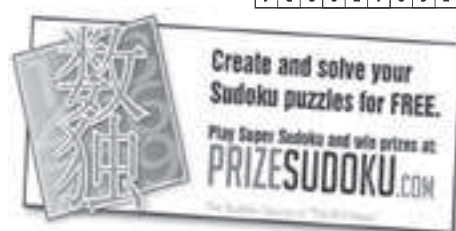


- Greek territorial unit
- Gorse
- Green
- Arab chieftain
- Historic ship
- Trainee
- Hodgepodge
- Ballet attire
- Very good (British)
- Snow thrower
- Hawaiian veranda
- Grownup
- Disguise
- A gesture of assent
- Former boxing champ
- Minor quarrel
- Margarine
- Small brook
- The same backward as forward
- Backbone
- Monarch
- Ear-related
- 3 times 3
- Sea eagle
- Caribou
- Anagram of "Depletes"
- Be unwell
- Due
- Consumer Price Index
- Birch relative
- Guys
- Walked stealthily
- Bristle
- Assistant
- Dregs
- Hard work
- Bright thought
- Blow off steam
- Being

ACROSS

- Comforter
- Camp beds
- Shut
- Lacquer ingredient
- Astringent
- Zero
- Excellence
- Devil tree
- Burden
- Not essential
- Travel on foot
- Excluding
- Nun's attire
- Dormant
- Expertise
- Of a pelvic bone
- Stated your beliefs
- Tumbled
- What a bee might do
- Cable
- Paginating
- Tubular pasta
- Daughter of a sibling
- Profession
- Confuse
- Secret agent
- Disparage
- Remedy that alleviates pain
- Cocoyam
- Place
- Indicates
- Swarm
- Biblical garden
- Property claims
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